



Puckered Pickle Co.

Product Formulation Statement (PFS) for Documenting Vegetables in School Meal Programs

Program operators should include a copy of the product label from the purchased product package in addition to the following information on letterhead signed by an official company representative.

Product code: PK-93

Product name: Dill Pickle Spears, 275-325 count, 5-gallon

Portion size: 1 spear

Portion weight: ≈1.6 ounces

I. Vegetables Component

II. Vegetables Component							
Description of Creditable Ingredient Per FBG	Vegetable Subgroup	Ounces Per Raw Portion of Creditable Ingredient (A)	Multiply	FBG Yield ¹ (B)	Divide	Purchase Unit ² in Ounces (C)	Creditable Amount (Quarter Cups) A x B ÷ C
Dill Pickles, Spear	"Other"	1.6	x	300	÷	640	0.75
			x		÷		
			x		÷		
Total Creditable Vegetables Amounts ³							
Total Cups Legumes		0	Total Cups Starchy			0	
Total Cups Dark Green		0	Total Cups Other			0.75 qtr. cups = 1/8 cup	
Total Cups Red/Orange		0					

¹FBG Yield=Servings per Purchase Unit. Based on product weight.

²Purchase Unit is (1) 5-gallon pail.

³Total Creditable Vegetables are rounded down to the nearest 0.5 quarter cup (1/2 cup) equivalent.

Quarter Cup to Cup Conversions*

0.5 Quarter Cups = 1/4 Cup vegetable/fruit or 0.5 ounces of equivalent meat alternate
 1.0 Quarter Cups = 1/2 Cup vegetable/fruit or 1.0 ounce of equivalent meat alternate
 1.5 Quarter Cups = 3/4 Cup vegetable/fruit or 1.5 ounces of equivalent meat alternate
 2.0 Quarter Cups = 1/2 Cup vegetable/fruit or 2.0 ounces of equivalent meat alternate
 2.5 Quarter Cups = 5/8 Cup vegetable/fruit or 2.5 ounces of equivalent meat alternate
 3.0 Quarter Cups = 3/4 Cup vegetable/fruit or 3.0 ounces of equivalent meat alternate
 3.5 Quarter Cups = 7/8 Cup vegetable/fruit or 3.5 ounces of equivalent meat alternate
 4.0 Quarter Cups = 1 Cup vegetable/fruit or 4.0 ounces of equivalent meat alternate

*The result of 0.9999 equals 1/2 cup but a result of 1.0 equals 1/4 cup

I certify that the above information is true and correct, and that a 1.6 ounce serving (1 pickle spear) of the above product contains 1/8 cups of vegetables in the other vegetable subgroup.

Christina Gioiosa, Quality & Technical Director

July 13th, 2021