



**Product Fact Sheet for
Schools and Child Care Institutions**

PRODUCT SPECIFICATION:	POTATOES, DEHYDRATED: Simplot Traditions™ Mashed Potatoes with Vitamin C / SKU 10071179022787. Made with 100% Idaho® Potatoes. Fortified with Vitamin C. No partially hydrogenated oil. No machine mixing. No additional ingredients necessary. 1 minute rehydration in water. PACK SIZE: 12/26 oz bags per case.
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NATIONAL SCHOOL MEAL PROGRAM YIELD AND CREDIT INFORMATION*

Serving sizes adjusted to reflect weight needed to attain vegetable credit. Non-creditable ingredients excluded.

FBG: Potatoes, Dehydrated Flakes Low Moisture Includes USDA Foods	Servings per LB	Servings per Bag	Servings per Case	Bags for 100 Servings
0.39 oz AP (dehydrated) provides one - ¼ cup serving of creditable vegetable	41.02	66.65	799.80	1.6
0.78 oz AP (dehydrated) provides one - ½ cup serving of creditable vegetable	20.51	33.32	399.84	3.1

Creditable Serving Size	Dark Green	Red/Orange	Starchy	Beans/Peas	Other	Additional	Meat Alt.
¼ cup			¼ cup				
½ cup			½ cup				
¾ cup			¾ cup				
1 cup			1 cup				

**Information above is provided for food, as purchased, using the USDA Food Buying Guide for Child Nutrition, January 2013 Update. Servings are approximate.*

NUTRITION INFORMATION	¼ cup	½ cup
Gram Weight of Dry Flakes (g)	11	22
Calories (kcal)	40	80
Calories from fat (kcal)	5	15
Fat (g)	0.5	1.5
Saturated Fat (g)	0	0
Trans Fat (g)	0	0
Cholesterol (mg)	0	0
Sodium (mg)	180	370
Potassium (mg)	125	250
Carbohydrates (g)	8	16
Dietary Fibers (g)	1	2
Total Sugars (g)	0	1
Protein (g)	1	2
Vitamin A (IU)	0.15	0.3
Vitamin C (mg)	14.62	29.24
Calcium (mg)	7.83	15.66
Iron (mg)	0.15	0.3

INGREDIENT STATEMENT:

Idaho® Potatoes, Vegetable Oil (Soybean, Canola, Cottonseed and/or Sunflower), Salt, Contains 2% or Less of: Nonfat Dry Milk, Buttermilk Powder, Spice, Ascorbic Acid (Vitamin C), Dextrin (Soluble Dietary Fiber), Modified Potato Starch (Soluble Dietary Fiber), Potato Maltodextrin, Emulsifiers (Mono and Diglycerides, Calcium Stearoyl Lactylate), Flavors (Natural and Artificial Flavor, Lactic Acid), To Protect Color & Flavor (Sodium Acid Pyrophosphate, Sodium Bisulfite [Contains Sulfites], Citric Acid, Tocopherols), Artificial Color.

ALLERGEN INFORMATION:

CONTAINS: MILK.

FOOD SENSITIVITY INFORMATION:

Contains sodium metabisulfite. Gluten-free.

PREPARATION INSTRUCTIONS:

STEAM TABLE:	Measure 1 gallon (128 oz) boiling water into a 6" half-size steam table pan. Sprinkle one bag of potatoes all at once over hot water while stirring. Use a spoon to evenly distribute and wet all potatoes. Let stand for one minute. Fluff gently with a spoon; do not over-mix. Potatoes are ready to serve.		
	SERVINGS	BOILING WATER*	POTATOES
	4 to 5 - ½ cup	2 cups (16 oz)	1 cup (dry flakes)
	38 to 40 - ½ cup	1 gallon (128 oz)	1 bag (dry flakes)
	76 to 80 - ½ cup	2 gallons (256 oz)	2 bags (dry flakes)
			STEAM TABLE PAN SIZE
			N/A
			6" half-size pan
			6" full-size pan

* For creamier mashed potatoes, add more boiling water or hot milk.

CASE PACK:	
Dimensions (LxWxH):	15.5" x 11.063" x 10.813"
Pallet (TI/HI)	10 x 4
Gross Weight (LB):	22.00
Shelf Life (days):	360 in a cool, dry location.

I certify that the above information is true and correct as of August 19, 2013.

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