



Product Specification and Nutritional Information

Current Revision Date: 7/1/2018 Replaces Spec Dated 7/1/2017



Stock Code		Product Name							
64341		Bean and Cheese Burrito							
Bulk Pack									
Net Wt. (oz)	Case Pack	Case Net Wt. (Lbs)	UPC/GTIN	Ship Wt. (Lbs)	Case Cube	Case Dimensions (in)	Pallet Count	Tie/High	
3.950	72	17.78	10006574643411	19.02	0.596	19.000 L 15.500 W 3.500 H	66	6 x 11	
Child Nutrition (CN) Meal Pattern Contributions¹				CN # 083643	CN Date 06-17	CN Expiration Date 6/12/2022			
Each 3.950 oz. portion provides*:		Meat/Meat Alternate. (oz)	Equivalent Grains (oz)	Legume veg (cup)	Red/Orange veg (cup)	Dark Green veg (cup)	Starchy veg (cup)	Other veg (cup)	
A		1.50	1.50						
--- OR ---									
B		1.00	1.50	1/8					

* - use the crediting in row A or row B, but not both. (based on the dual meat alternate/vegetable crediting for legumes.)
 1 - if there is a CN number and CN date listed, the item is CN labeled.

Ingredient Statement

Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May contain Annatto Color), Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride (B6), Riboflavin (B2), Thiamine Mononitrate (B1), Vitamin A Palmitate, and Vitamin B12], Salt, Flavorings, Modified Food Starch (Refined From Corn).

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)]), Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Allergen Statement Contains WHEAT, SOY, MILK

BID Specification

Burrito -Frozen Bean & Cheese. Each 3.95 oz. burrito provides 1.50 OZ Meat Alternate and 1.50 OZ Grain EQV OR 1.00 OZ Meat Alternate and 1/8 cup legume vegetable and 1.50 OZ Grain EQV towards the NSLP, Whole Grain Rich Tortilla. CN labeled. Burritos are bulk packed. 72 count. Preparation instructions included on box. No more than 360 mg Sodium, Less than 11% Calories from Saturated fat, 0 Trans Fat. No less than 220 Kcal. Hand held, Fully Cooked. Heat & Serve.-Vegetarian Los Cabos Brand 64341

Nutritional Information

Serving Size 3.950 oz. (111.98 g)
 Servings Per Package: 1
 Calories (Kcal) 221.92
 Calories from Fat 56.52
 Protein (g) 11.84
 Carbohydrates (g) 31.39
 Sugars (g) 1.01
 Tot. Dietary Fiber (g) 6.07
 Ash (g) 1.22

% Calories from Fat 25.47%
 % Calories from Sat Fat 10.99%
 % Sugar 0.90%

Fats

Total Fat (g) 6.28
 Saturated Fat (g) 2.71
 Trans Fat (g)* 0.00
 Cholesterol (mg) 11.43
 Water (g) 57.57

Basis of Analysis: as Cooked.

Fat Change +/- 0% Moisture Change +/- 0%
 Data Source: USDA Handbook 8

Vitamins	%DV	Minerals	%DV
Vitamin A (RE)	0.00	Iron (mg)	2.54 15%
Vitamin A (IU)	220.18 4%	Sodium (mg)	359.07
Vitamin C (mg)	1.15 2%	Calcium (mg)	128.58 15%
		Potassium (mg)	343.80

*-Trans Fats naturally occurring

Heating Instructions

Heating Instructions: FOR BEST RESULTS, HEAT FROM A REFRIGERATED STATE. Cover sheet pan with parchment paper. Place burritos on pan with flap facing up. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 16-19 min. Refrigerated: Heat for 10-12 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 19-23 min. Refrigerated: Heat for 12-14 min. Microwave: Frozen: Heat on High for 45 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Refrigerated: Heat for 40 seconds. Let rest for 15 seconds. Heat for another 15 seconds. Let rest for 1 min. before consuming. Do not Fry.

For Additional Information, visit our website at www.mcfiods.com or contact:

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661



Bulk Pack

Mexican Foods DOP: 166-17-D2

Bean and Cheese Burrito

72 CT - 3.95 OZ.

W101

Lot#

55555

**KEEP FROZEN
FOR INSTITUTIONAL USE ONLY**

CN ————— CN

Each 3.95 oz. Burrito provides 1.50 oz. equivalent meat alternate and 1.50 oz. equivalent grains or 1.00 oz. equivalent meat alternate and 1/8 cup legume vegetables and 1.50 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 06-17).

CN ————— CN

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Contains WHEAT, SOY, MILK

NET WT. 17 LBS. 12.40 OZ.

M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

Stock Code
64341

Lot#

55555



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CN-NF-WG-DUAL 1

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Copy not for documenting Federal Meal Requirements

