



Product Specification and Nutritional Information

Current Revision Date: 12/26/2017 Replaces Spec Dated 7/1/2017



Stock Code		Product Name							
64141		Reduced Fat Cheddar Cheese Enchiladas							
Bulk Pack		In a Whole Grain Corn Tortilla							
Net Wt. (oz)	Case Pack	Case Net Wt. (Lbs)	UPC/GTIN	Ship Wt. (Lbs)	Case Cube	Case Dimensions (in)	Pallet Count	Tie/High	
1.475	144	13.28	10006574641417	14.71	0.596	19.000 L 15.500 W 3.500 H	66	6 x 11	
Child Nutrition (CN) Meal Pattern Contributions¹				CN # 083739	CN Date 05-17	CN Expiration Date 5/8/2022			
Each 1.475 oz. portion provides*:		Meat/Meat Alternate. (oz)	Equivalent Grains (oz)	Legume veg (cup)	Red/Orange veg (cup)	Dark Green veg (cup)	Starchy veg (cup)	Other veg (cup)	
A		0.75	0.50						
--- OR ---									
B		0.75	0.50						

* - use the crediting in row A or row B, but not both. (based on the dual meat alternate/vegetable crediting for legumes.)
 1 - if there is a CN number and CN date listed, the item is CN labeled.

Ingredient Statement

Ingredients: Filling: Reduced Fat Cheddar Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Cheese Color, Enzymes).

Whole Grain Corn Tortilla: White Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Whole Grain Corn Flour (yellow corn masa flour, trace of lime), Water.

Allergen Statement Contains MILK

BID Specification

Enchilada-Frozen- Frozen Reduced Fat Cheddar Cheese only. Each 1.475 oz enchilada provides 0.75 OZ EQV Meat Alternate and 0.50 OZ Grain EQV towards the NSLP. 100% Whole Grain Corn Tortilla CN labeled. Enchiladas are bulk packed. 144 count. Preparation instruction printed on outside of case. No more than 135 mg Sodium, Less than 28% calories from saturated fat, 0 Trans Fat, No less than 99 Kcal. Cabo Real Brand 64141

Nutritional Information

Serving Size 1.475 oz. (41.82 g)
 Servings Per Package: 1
 Calories (Kcal) 99.04
 Calories from Fat 50.76
 Protein (g) 5.33
 Carbohydrates (g) 6.18
 Sugars (g) 0.15
 Tot. Dietary Fiber (g) 1.14
 Ash (g) 0.15

% Calories from Fat 51.25%
 % Calories from Sat Fat 27.99%
 % Sugar 0.36%

Fats

Total Fat (g) 5.64
 Saturated Fat (g) 3.08
 Trans Fat (g)* 0.00
 Cholesterol (mg) 20.25
 Water (g) 10.17

Basis of Analysis: as Cooked.

Fat Change +/- 0% Moisture Change +/- 0%
 Data Source: USDA Handbook 8

Vitamins	%DV	Minerals	%DV
Vitamin A (RE)	0.00	Iron (mg)	0.18 0%
Vitamin A (IU)	150.41 4%	Sodium (mg)	134.07
Vitamin C (mg)	0.00 0%	Calcium (mg)	134.29 15%
		Potassium (mg)	31.68

*-Trans Fats naturally occurring

Heating Instructions

Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. In order to facilitate the easy separation of the enchiladas, remove product from the case and thaw at room temperature in a single layer on a sheet pan for 15 to 30 mins (depending on ambient temperature of the room). Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce to avoid product becoming crispy. Sauce should fill bottom of pan and sauce level should cover enchiladas. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese or other garnish (if desired), foil and place in steam table for service. Once heated and garnished, serve product with at least a 6" spatula to transfer enchilada from pan to serving plate.

For Additional Information, visit our website at www.mcifoods.com or contact:

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661



Reduced Fat Cheddar Cheese Enchiladas

In a Whole Grain Corn Tortilla

Bulk Pack
DOP: 360-17-D5

144CT - 1.475 OZ.

W900

FOR INSTITUTIONAL USE ONLY
KEEP FROZEN

CN _____ CN _____ 083739
Each 1.475 oz. Enchilada provides 0.75 oz. equivalent meat alternate and
0.50 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of
this logo and statement authorized by the Food and Nutrition Service, USDA 05-17.)
CN _____ CN _____

Lot # **55555**

Ingredients: Filling: Reduced Fat Cheddar Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Cheese Color, Enzymes).

Whole Grain Corn Tortilla: White Whole Grain Corn Flour (White corn masa flour, propionic acid (preservative), guar gum, cellulose gum, Phosphoric acid (acidulant), and enzymes (to preserve freshness)), Yellow Whole Grain Corn Flour (yellow corn masa flour, trace of lime), Water.

Heating Instructions: Heat to an internal temperature of 160 deg. F. Heating times and temperatures may vary due to variation in equipment used. In order to facilitate the easy separation of the enchiladas, remove product from the case and thaw at room temperature in a single layer on a sheet pan for 15 to 30 mins (depending on ambient temperature of the room). Spray bottom of pan with a non-stick cooking spray. Arrange enchiladas end to end, seam side down, and place in pre-heated oven (300 degrees F.) for approx. 8 min to take chill off product. Remove from oven and apply chilled sauce, ensuring that ends of enchiladas are covered in sauce to avoid product becoming crispy. Sauce should fill bottom of pan and sauce level should cover enchiladas. Place in oven and heat until sauce is hot (approximately 12 - 15 min). Remove from oven. Top with shredded cheese or other garnish (if desired), foil and place in steam table for service. Once heated and garnished, serve product with at least a 6" spatula to transfer enchilada from pan to serving plate.

Stock Code

64141

Contains MILK

NET WT. 13 LBS. 4.40 OZ.

M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

Stock Code

64141

Lot #

55555

1000657464141

10006574641417

CR CN ENCH NF WG

CR CN ENCH NF WG

10006574641417

Copy not for documenting Federal Meal Requirements

