

Fernando's® 21072



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CHEESE, BEEF, BEAN & TEXTURED VEGETABLE PROTEIN PRODUCT BURRITO

PREFRIED

INGREDIENTS: TORTILLA (WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, CORN FLOUR, CONTAINS 2% OR LESS OF THE FOLLOWING: MONO AND DIGLYCERIDES, BAKING POWDER (CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE) WHEAT GLUTEN, SALT, GUAR GUM, SUGAR, RICE FLOUR, FUMARIC ACID, L-CYSTEINE, ENZYMES, SODIUM METABISULFITE), PASTEURIZED PROCESSED AMERICAN CHEESE (AMERICAN CHEESE MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SODIUM CITRATE, MILKFAT, SALT, COLOR (ANNATTO, APORCAROTENAL), GROUND BEEF (NO MORE THAN 26% FAT), WATER, PINTO BEANS, CONTAINS 2% OR LESS OF TEXTURED VEGETABLE PROTEIN PRODUCT (SOY FLOUR, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN), CHILI SAUCE (CRUSHED TOMATOES, CORN SYRUP, DISTILLED VINEGAR, SALT, SPICES, CITRIC ACID), REHYDRATED RED BELL PEPPER, SALT, PAPRIKA, CHILI POWDER (CHILI PEPPER, SALT, SPICES, GARLIC POWDER), NATURAL FLAVORS, SPICES, SODIUM ALGINATE, FRIED IN VEGETABLE OIL. CONTAINS WHEAT, SOY, MILK AND GLUTEN.

Copy not for documenting
Federal meal requirements

CN 003941

EACH 4.75 OZ. BURRITO PROVIDES 2.00 OZ. EQUIVALENT MEAT/MEAT ALTERNATE
AND 2.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION

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MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT
AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 10-15.)

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HEATING INSTRUCTIONS	FRIED 360 F		MICRO		OVEN 325 F		CONVEC. 300 F	
	FROZEN	*N/R	MIN.	2-4	MIN.	22-27	MIN.	16-22
	THAWED	3-5	MIN.	1-4	MIN.	16-22	MIN.	15-19
Internal Temperature of product should be 160 F. *N/R - Not Recommended								



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Nutrition Facts	
Serving Size 1 Burrito (135 g)	
Servings Per Container 72	
Amount Per Serving	
Calories 370	Calories from Fat 170
% Daily Value*	
Total Fat 19 g	29 %
Saturated Fat 8 g	39 %
Trans Fat 0 g	
Cholesterol 40 mg	13 %
Sodium 880 mg	36 %
Total Carbohydrate 33 g	11 %
Dietary Fiber 2 g	9 %
Sugars 2 g	
Protein 16 g	
Vitamin A 15 %	Vitamin C 2 %
Calcium 20 %	Iron 15 %
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories: 2,000 2,500	
Total Fat	Less than 65 g 80 g
Sat Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	



KEEP FROZEN
Dist. by Fernando's Foods,
Compton, CA 90221

**NET WT. 21.38 LBS.
72 CT/4.75 OZ.**