



Product Specification and Nutritional Information

Current Revision Date: 7/1/2017 Replaces Spec Dated 7/1/2016



Stock Code		Product Name							
64040		Beef & Bean and Textured Vegetable Protein Burritos							
Bulk Pack									
Net Wt. (oz)	Case Pack	Case Net Wt. (Lbs)	UPC/GTIN	Ship Wt. (Lbs)	Case Cube	Case Dimensions (in)	Pallet Count	Tie/High	
3.950	72	17.78	10006574640403	19.09	0.596	19.000 L 15.500 W 3.500 H	66	6 x 11	
Child Nutrition (CN) Meal Pattern Contributions¹				CN # 083885	CN Date 07-12	CN Expiration Date 7/17/2022			
Each 3.950 oz. portion provides*:		Meat/Meat Alternate. (oz)	Equivalent Grains (oz)	Legume veg (cup)	Red/Orange veg (cup)	Dark Green veg (cup)	Starchy veg (cup)	Other veg (cup)	
A		1.50	1.50						
--- OR ---									
B		1.50	1.50						

* - use the crediting in row A or row B, but not both. (based on the dual meat alternate/vegetable crediting for legumes.)
 1 - if there is a CN number and CN date listed, the item is CN labeled.

Ingredient Statement

Ingredients: Filling: Water, Ground Beef (Not more than 20% Fat), Pinto Beans, Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), and Cyanocobalamin (B12)], Flavorings, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), and Salt.

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flour [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)]), Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Allergen Statement Contains WHEAT & SOY

BID Specification

Burrito -Frozen, Ground Beef & Bean Mild in flavor. Each 3.95 oz burrito provides 1.50 OZ Meat/Meat Alternate and 1.50 OZ EQV Grain towards the NSLP. Whole Grain Rich Tortilla CN labeled. Burritos are bulk packed. 72 count. Preparation instructions included on box. No more than 310 mg Sodium, Less than 8% calories from saturated fat, 0 Trans Fat added, No less than 210 Kcal. Hand held-Fully cooked.-
 Los Cabos Brand 64040

Nutritional Information

Serving Size 3.950 oz. (111.98 g)
 Servings Per Package: 1
 Calories (Kcal) 211.54
 Calories from Fat 55.08
 Protein (g) 11.94
 Carbohydrates (g) 29.41
 Sugars (g) 1.07
 Tot. Dietary Fiber (g) 5.69
 Ash (g) 1.49

% Calories from Fat 26.04%
 % Calories from Sat Fat 7.23%
 % Sugar 0.96%

Fats

Total Fat (g) 6.12
 Saturated Fat (g) 1.70
 Trans Fat (g)* 0.00
 Cholesterol (mg) 12.00
 Water (g) 60.32

Basis of Analysis: as Cooked.

Fat Change +/- 0% Moisture Change +/- 0%
 Data Source: USDA Handbook 8

Vitamins	%DV	Minerals	%DV
Vitamin A (RE)	24.13	Iron (mg)	2.72 15%
Vitamin A (IU)	244.08 4%	Sodium (mg)	306.88
Vitamin C (mg)	0.78 2%	Calcium (mg)	53.15 6%
		Potassium (mg)	372.54

*-Trans Fats naturally occurring

Heating Instructions

Heating Instructions: FOR BEST RESULTS, HEAT FROM A REFRIGERATED STATE. Cover sheet pan with parchment paper. Place burritos on pan with flap facing up. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 16-19 min. Refrigerated: Heat for 10-12 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 19-23 min. Refrigerated: Heat for 12-14 min. Microwave: Frozen: Heat on High for 45 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Refrigerated: Heat for 40 seconds. Let rest for 15 seconds. Heat for another 15 seconds. Let rest for 1 min. before consuming. Do not Fry.

For Additional Information, visit our website at www.mcfiods.com or contact:

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661



Bulk Pack
DOP: 253-16-D2

Beef & Bean and Textured Vegetable Protein Burritos

72 CT - 3.95 OZ.

W103

FOR INSTITUTIONAL USE ONLY
KEEP FROZEN

CN 083885
Each 3.95 oz. Burrito provides 1.50 oz. equivalent meat/meat alternate and
1.50 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of
this logo and statement authorized by the Food and Nutrition Service, USDA 07-12).
CN

Lot #

55995

Ingredients: Filling: Water, Ground Beef (Not more than 20% Fat), Pinto Beans, Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), and Cyanocobalamin (B12)], Flavorings, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), and Salt.

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Heating Instructions: FOR BEST RESULTS, HEAT FROM A REFRIGERATED STATE. Cover sheet pan with parchment paper. Place burritos on pan with flap facing up. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 16-19 min. Refrigerated: Heat for 10-12 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 19-23 min. Refrigerated: Heat for 12-14 min. Microwave: Frozen: Heat on High for 45 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Thawed: Heat for 40 seconds. Let rest for 15 seconds. Heat for another 15 seconds. Let rest for 1 min. before consuming. Do not Fry.

Stock Code

64040

Contains WHEAT & SOY

NET WT. 17 LBS. 12.40OZ.

M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

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64040

Lot #

55995



10006574640403

CN-MEAT-WG

CN-MEAT-WG



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Copy not for documenting Federal Meal Requirements

