



PRODUCT FORMULATION STATEMENT FOR PREPARED FRUIT/VEGETABLE

Date: 6/17/14

Product Name: Kale Greens

Code #: 00023213001

Case/Pack/Count/Portion/Size: 6/#10; servings per purchase unit= 49.4

Volume and Weight of One Serving of Product: $\frac{1}{4}$ cup (58g)

I certify that the above information is true and correct and that one $\frac{1}{4}$ cup (58g) serving (specify serving volume/weight) of the above product (ready-to-eat) contains $\frac{1}{4}$ cup servings of fruit/vegetable** for the Child Nutrition Programs.

**CNP requires a minimum of 1/8 cup fruit/vegetable to equal 1 serving fruit/vegetable.


Natalie L. Ferguson

Food Technologist

Quality Department



Chopped Kale Greens (CKG) Item # 23213

6 LB. 5 OZ. Net Weight (2.86 kg)

Packaged 6/10 cans per unit

Ingredients: Kale Greens, Water.

Nutrition Facts

Serving Size 1/2 cup (116g)
Servings Per Container 25

Amount Per Serving

Calories 30 **Calories from Fat 5**

% Daily Value*

Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	

Cholesterol 0mg **0%**

Sodium 65mg **3%**

Potassium 180mg **5%**

Total Carbohydrate 4g **1%**

Dietary Fiber 3g **12%**

Sugars 1g

Protein 2g

Vitamin A 170% • Vitamin C 6%

Calcium 10% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Potassium		3,500 mg	3,500 mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4


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