



"Our Family Tradition"

**902 Pork and TVP Tamale**  
**2 Tamales = 1.25 Oz MMA & 1.5 Bread Alternate (24.13 g whole grain) SY 16 / 17**  
 Serving Size: 4 oz (113g)  
 Servings per Container: 60

<u>Nutrient</u>	<u>Amount</u>	<u>Nutrient</u>	<u>Amount</u>
Calories	261.691 kCal	Total Folate	5.502 µg
Protein	10.409 grams	Food Folate	1.374 µg
Carbohydrate	22.405 grams	Folic Acid	0.000 µg
Total Sugar	0.888 grams	Inositol	0.000 mg
Fiber	5.296 grams	Pantothenic	0.530 mg
Sugar Alcohols	0.000 grams	Vitamin C	1.207 mg
Other Carbohydrate	0.000 grams	Vitamin D	0.000 µg
Total Fat	14.470 grams	Total Vitamin E	0.422 mg
Saturated Fat	3.244 grams	d-Alpha-Tocoph...	0.000mg
Monounsaturated Fat	1.917 grams	dl-Alpha-Tocoph...	0.000 mg
Polyunsaturated Fat	4.590 grams	Beta-Tocopherol	0.018 mg
Omega-3 Fat	0.000 grams	Gamma-Tocoph...	0.058 mg
Omega-6 Fat	0.072 grams	Delta-Tocopherol	0.006 mg
Trans Fat	0.043 grams	Alpha-Tocotrienol	0.000 mg
Cholesterol	21.035 mg	Beta-Tocotrienol	0.000 mg
Other Fats	1.936 mg	Gamma-Tocotrie...	0.000 mg
Sodium	507.642 mg	Delta-Tocotrienol	0.000 mg
Water	59.053 grams	Vitamin K	1.607 mg
Ash	2.389 grams	Other Vitamins	0.000 mg
Alcohol	0.000 grams		
Caffeine	0.000 mg		
Theobromine	0.000 mg	Minerals:	
Vitamins:		Calcium	75.378 mg
Vitamin A	35.316 µg RAE	Chlorine	0.000 mg
Retinol	0.000 µg RAE	Chromium	0.000 µg
Carotene	40.134 µg RAE	Copper	0.073 mg
Beta-Carotene	22.045µg RAE	Flouride	31.322 µg
Alpha-Carotene	0.000 µg RAE	Iodine	0.000 µg
Beta-Cryptoxan...	3.091 µg RAE	Iron	1.976 mg
Lycopene	0.000 µg RAE	Magnesium	30.687 mg
Lutein+Zeaxan...	5.177 µg RAE	Manganese	0.153 mg
Thiamin (B1)	0.097 mg	Molybdenum	0.000 µg
Riboflavin (B2)	0.132 mg	Phosphorus	116.441 mg
Niacin (B3)	2.341 mg	Potassium	163.438 mg
Vitamin B6	0.291 mg	Selenium	8.610 µg
Vitamin B12	0.222 µg	Silicon	0.000 mg
Betaine	0.095 mg	Sodium	507.642 mg
Biotin	0.000 µg	Sulfur	0.000 mg
Choline	0.693 mg	Zinc	1.056 mg
		Other Minerals	0.097 mg

Signature *V. Valdez Rodriguez*

Date *8/08/16*



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Product Analysis Sheet/Product Formulation Statement for Bread/Whole Grain Serving SY 16/17

Product Name: Pork and Textured Vegetable Protein Tamale

Code No.: 902

Manufacturer: Rodriguez Foods

Case Count: 120ct.

Serving Size: 4oz (2-2 oz serving)

**I. Grain**

Description of Creditable Whole Grain Ingredient	Ounces per Serving of Creditable Ingredient	Multiply to Convert to Grams	Whole Grain Per Serving*
Yellow Corn Processed With Lime (Whole Grain)	.851	X 28.35g/oz	24.13g
<b>A. Total Whole Grain Per Serving</b>			24.13g

<b>B. Servings of Bread Per 2 Tamales (Divide A. by 16)</b>	1.50
<b>C. Round to nearest ¼ serving)</b>	1.50

**Ingredient Statement:**

Filler Ingredients: Pork, Water, Seasonings (Wheat Flour, Modified Food Starch, Chili Pepper, Paprika, Spices, Salt, Dehydrated Garlic, Disodium Inosinate and Disodium Guanylate, Paprika Extract), Textured Vegetable Protein (Soy Four), Soybean Oil.


Masa Ingredients: Water, Yellow Corn processed with lime, Soybean Oil, Salt, Modified Food Starch.

**Allergen information:**

**Contains: wheat and soy**

Diets rich in whole grain foods and other plant foods and low in total fat, saturated fat and cholesterol, may reduce the risk of heart disease and some cancers.

I attest that all information is accurate:

  
Signature

Nicholas Rodriguez  
Printed Name

08/04/16  
Date



"Our Family Tradition"

Product Analysis Sheet/Product Formulation Statement for Meat/Meat Alternate (M/MA)
Products SY 16/17

Product Name: Pork and Textured Vegetable Protein Tamale Code No.: 902

Manufacturer: Rodriguez Foods Case Count: 120ct.
Serving Size: 4oz (2-2oz serving)

I. Meat/Meat Alternate

Table with 5 columns: Description of Creditable Ingredients per Food Buying Guide, Ounces per Raw Portion of Creditable Ingredient, Multiply, Food Buying Guide Yield, Creditable Amount\*. Row 1: Pork, 1.031, X, 0.74, .763. Row 2: A. Total Creditable Amount, 0.763.

Creditable Amount-Multiply ounces per raw portion of creditable ingredient by the Food Buying Guide Yield.

II. Alternate Protein Product (APP)

Table with 6 columns: Description of APP, manufacture's name, and code number, Ounces Dry APP Per Portion, Multiply, % of Protein As-Is\*, Divide by 18\*\*, Creditable Amount APP\*\*\*. Row 1: TVP, 0.2, X, 52, /18, .578. Row 2: B. Total Creditable Amount, .578. Row 3: C. TOTAL CREDITABLE AMOUNT (A + B rounded down to nearest 1/4 oz), 1.25.

\*Percent of Protein As-Is is provided on the attached documentation

\*\*18 is the percent of protein when fully hydrated.

\*\*\*Creditable amount of APP equals ounces of Dry APP multiplied by the percent of protein as-is divided by 18.

1Total Creditable Amount must be rounded down to the nearest 0.25oz (1.49 would round down to 1.25oz).

Total weight (per serving\*) of product as purchase 4 oz (2-2oz)

Total creditable amount of product (per portion) 1.25oz

I attest that the above information is true and correct and that a 4 ounce serving of the above product (ready serving) contains 1.25 ounces of equivalent meat/meat alternate when prepared according to directions.

I further attest that any APP used in the product conforms to the Food and Nutrition Service Regulations (7CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

Nicholas Rodriguez Signature of Company Official

Nicholas Rodriguez Printed Name

08/03/16 Date