P.O. Box 5059
Rancho Dominguez, CA 90224-5059

National School Lunch & Breakfast Program

Product Description	**Uncle Ben's® Naturel Jasmine Rose**						
UPC Code	**0 54800 34247 8**	**Units Per Case**	**1**	**/**	**20**	**lb**	**1029**

Meal Pattern Contribution

Portion Size	1/2 cup cooked
Meal Pattern	Creditable Amount
Grains (Oz. Equivalent)	1/2
Meat/Meat Alt. (Oz. Equivalent)	
Vegetables (Cups)	
Beans/Peas (Legumes)	

Comments

Meets the Definition of Whole Grain Rich?	☒ Y ☐ N

Product Information

Nutrition Information, serving size & claims, are based on FDA Regulations. Portion size used in the calculation of Meal Pattern differs from FDA Serving Size.

Nutrition Facts
Serving Size 1/4 cup (45g dry) (about 1 cup cooked)
Servings Per Container About 200

Amount Per Serving	
Calories 160	Calories from Fat 10
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 75mg	2%
Total Carbohydrate 34g	11%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 4g	

Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 8%
Thiamin 10%	• Niacin 8%
Folate 8%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less Than		65g	80g
Saturated Fat	Less Than		20g	25g
Cholesterol	Less Than		300mg	300 mg
Sodium	Less Than		2,400mg	2,400mg
Potassium			3,500 mg	3,500 mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

WHOLE GRAIN PARBOILED BROWN RICE; WHOLE GRAIN RED RICE; JASMINE RICE
JASMINE RICE & WHOLE GRAIN RED RICE GROWN IN THAILAND
MAY CONTAIN WHEAT, SOY & MILK.

Fat Free	
Low Fat	X
No Saturated Fat	X
Low Saturated Fat	
0g Trans Fat	X
Cholesterol Free	X
Low Cholesterol	
Sodium Free	X
Very Low Sodium	
Low Sodium	

I certify that the above information is true and correct.

Rachel Gil

Rachel Gil
Systems & Regulatory Affairs Scientist

Date Signed: **2/6/2014**