



**REQUEST
FOODS, INC.**

August 18, 2014

PRODUCT NAME: LASAGNA WITH MEAT, SAUCE & CHEESE
GORDON FOOD SERVICE PRODUCT #: 195456
REQUEST FOODS FG#: 19545

INGREDIENT STATEMENT: TOMATOES (TOMATOES, TOMATO JUICE, CALCIUM CHLORIDE, CITRIC ACID), COOKED ENRICHED PASTA (WATER, SEMOLINA [MILLED WHEAT, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), COOKED BEEF, COTTAGE CHEESE (FAT FREE MILK, MILK, CREAM, NONFAT DRY MILK, WHEY, SALT, GUAR GUM, MONO- & DIGLYCERIDES, CARRAGEENAN, LOCUST BEAN GUM, POLYSORBATE 80, POTASSIUM SORBATE [TO PROTECT FLAVOR], MICROBIAL ENZYMES), TOMATO PASTE, WATER, MOZZARELLA CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), ONION, PARMESAN CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), ROMANO CHEESE (PASTEURIZED SHEEP MILK, CHEESE CULTURES, SALT, ENZYMES), SUGAR, MODIFIED FOOD STARCH, SALT, SPICES, GARLIC POWDER, MONO- & DIGLYCERIDES WITH CITRIC ACID.

CONTAINS: WHEAT, MILK

NUTRITION PANEL:

Nutrition Facts	
Serving Size 1 cup (211g)	
Servings Per Container about 13	
Amount Per Serving	
Calories 260	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 690mg	29%
Total Carbohydrate 26g	9%
Dietary Fiber 3g	12%
Sugars 7g	
Protein 16g	
Vitamin A 25%	Vitamin C 20%
Calcium 30%	Iron 15%
*Percent Daily Values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

SCHOOL LUNCH EQUIVALENT DATA:

PLEASE SEE ATTACHED LETTER FROM PATRICIA PHILLIPS, PHILLIPS RESOURCES

August 18, 2014

To whom it may concern:

I have reviewed the product formulation for Request Foods' LASAGNA WITH MEAT, SAUCE & CHEESE (product code number 195456) and calculated the credit toward the child nutrition meal pattern requirements based on the Food Buying Guide and the weight of cooked lean meat. One 211 gram serving of LASAGNA WITH MEAT, SAUCE & CHEESE contains 2 ounce of meat/meat alternate, 3/8 cup serving of vegetables, and 1 oz equivalent grain.

Sincerely,



Patricia Phillips