



AMOY-VEG FRIED RICE 4/3lb Bag

An Asian fried rice using long grain rice, seasonings and assorted vegetables



Product Last Saved Date:26 September 2018

Nutrition Facts

11 Servings per container
Serving Size 1 Cup

Amount Per Serving
Calories 200

		% Daily Value*
Total Fat	4.5 g	7%
Saturated Fat 0 g		0%
Trans Fat 0 g		
Cholesterol	0 mg	0%
Sodium	360 mg	15%
Total Carbohydrate	35 g	12%
Dietary Fiber 2 g		8%
Total Sugars 3 g		
Includes g Added Sugars		%
Protein	5 g	
Vitamin D	mg	%
Calcium	mg	4%
Iron	mg	10%
Potassium	mg	%

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Code	GTIN	Pack	Pack Description
61120	30076366611205	4 X 3.00 LBR	

Brand	Brand Owner	GPC Description
AMOY	Ajinomoto Foods North America Inc.	Ready-Made Combination Meals – Not Ready to Eat (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.25 LBR	12 LBR	USA		No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.375 INH	11.9375 INH	5.625 INH	0.52 FTQ	12x7	365 Days	-10 FAH / 15 FAH

INGREDIENTS: White Rice, Water, Carrots, Leeks, Soy Sauce (Water, Wheat, Soybeans, Salt, Alcohol [To Retain Freshness]), Peas, Soybean (Edamame), Canola Oil, Mirin (Water, Mirin [Water, Rice, Alcohol, Salt, Enzyme, Koji]), Sugar, Lactic Acid, Red Bell Pepper, Corn, Contains Less Than 2% Of: Onion, Spice, Garlic, Kelp Extract (Kelp Extract, Dextrin, Water, Salt, Alcohol, Xanthan Gum), Sugar, Toasted Sesame Oil, Soy Sauce Powder (Soy Sauce [Fermented Soybeans, Wheat, Salt], Maltodextrin, Salt), Disodium Inosinate, Disodium Guanylate. CONTAINS: Soy, Wheat, Sesame.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - N	Milk - N	Peanuts - N
Soy - C	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions :

Benefits :

Authentic Asian fried rice.

Serving Suggestions :

Simply heat and serve as a side to your favorite Asian entrée, or as a stand alone entrée itself.

Prep & Cooking Suggestions :

Preparation Notes Cook Product from Frozen: Cook times may vary according to equipment
 Microwave Instructions Microwave (1,100 W): On seam side, puncture 6 holes into the bag. Place seam side up and Microwave on HIGH for 14:30 Minutes. Conventional Oven Instructions
 Conventional Oven: Pre-heat oven to 350°F. Evenly spread 1 bag into a full hotel pan. Add a lid and place pan on the bottom rack. Cook for 45 minutes and stir every 15 minutes. Stovetop Skillet Instructions Stove Top: Pre-heat 2 TSP of vegetable oil in a non-stick skillet. Put 2 cups of rice into the skillet. Cook for 7 minutes while continuously stirring. Kitchen Steamer Instructions Steamer: On seam side, puncture 6 holes into the bag. Place seam side up and Steam for 45-50 minutes.

Additional Images :

