18609

Barrel O' Fun

Corn Chips

90/1-1/8 oz

- each 1-1/8 oz serving provides 1 oz eq
- 16g whole grain per 1-1/8 oz serving
- whole grain rich (>50% whole grain)
- gluten free

Nutrition Facts

Serving Size 1 package (32g)

Amount Per Serving

Calories 170	Calories from Fat 100
	% Daily Value*
Total Fat 11g	**17%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 180mg	**8%**
Total Carbohydrate 18g	**6%**
Dietary Fiber 1g	**4%**
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Whole Corn, Sunflower and/or Corn Oil, Salt

Julie Bloom

Julie Bloom, Quality Control Manager 11/22/2013