



**MCCAIN® SKIN-ON WAFFLE FRIES 6X4.5 LBS**  
**USDA School Lunch Meal Planning Nutrition Facts**  
**OIF01037A**

<b>NUTRITION FACTS</b>	
Serving Size 3.02 oz. (86g) <b>FROZEN</b> *	
<b>Amount per Serving</b>	
Calories 140	Calories from Fat 45
% Daily Value*	
<b>Total Fat</b> 5g	<b>8%</b>
Saturated Fat 1g	4%
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 2.5g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 80 mg	<b>3%</b>
<b>Potassium</b> 360 mg	<b>10%</b>
<b>Total Carbohydrate</b> 22g	<b>7%</b>
Dietary Fiber 3g	12%
Sugars 0g	
<b>Protein</b> 2g	
Vitamin A 0%	Vitamin C 6%
Calcium 0%	Iron 4%
INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrose, Sodium Acid Pyrophosphate Added To Maintain Natural Color.	

\* Per FBG, one serving portion (1/2 cup heated vegetable) equals 3.02 oz of McCain waffle fries.

<b>USDA Food Buying Guide (FBG) for Child Nutrition Programs (Jan. 2013 Update)</b>			
Product: Potato products, frozen, Skins or Pieces or Wedges, etc. With skin, Cooked			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal	USDA Purchase Units for 100 Servings
1 Pound	10.6	1/4 cup heated vegetable	9.5

<b>McCain Equivalent per Bag</b>			
Product: Potato products, frozen, Skins or Pieces or Wedges, etc. With skin, Cooked			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal	McCain Purchase Units for 100 Servings
4.5 Pounds	23.85	1/2 cup heated vegetable	4.19

<b>McCain Equivalent per Case</b>			
Product: Potato products, frozen, Skins or Pieces or Wedges, etc. With skin, Cooked			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal	McCain Purchase Units for 100 Servings
27 Pounds (6 Bags per Case)	143.10	1/2 cup heated vegetable	0.70

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potato, FF, Frozen, Wedges	3.019 oz by weight	X	10.6/ 16	2.000
A. Total Creditable Amount				2.000

\* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

4/30/2018  
Date

Ruth A Luther

Research and Development