



Bush Brothers & Company
1016 East Weisgarber Road, Knoxville, TN 37909-2683
Tel: (865) 588-7685

PRODUCT: BUSH'S BEST DRY BLACKEYE PEAS

UPC CODE: 39400-01659

NUTRITION FACTS

Serving Size (130g) (1/2 cup)

Amount Per Serving

Calories 100 Calories from Fat 0

% Daily Value *

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 470mg 20%

Total Carbohydrate 19g 6%

Dietary Fiber 4g 16%

Sugars 0g

Protein 5g

Vitamin A 2%

Calcium 2%

Vitamin C 2%

Iron 8%

*Percent (%) of Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your
calorie needs:

Nutrient 2,000 Calories 2,500 Calories

Total Fat Less than 65g 80g

Sat Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2400mg 2400mg

Total Carbohydrate 300g 375g

Fiber 25g 30g

Calories per gram: 1g Fat = 9 calories

1g Carbohydrates = 4 calories

1g Protein = 4 calories

SPECIFICATIONS AND NUTRITION FACTS SUBJECT TO CHANGE

Name: _____

Allyssa Embus 7/18/14