

Dave's Baking Company

NUTRITION & ANALYSIS SHEET

PRODUCT NAME: Whole Grain Blueberry Muffin
PRODUCT CODE: WG6239
PORTION SIZE: 3.6 oz. 102 gm
PACKED: 48
CASE NET WEIGHT: 10.8 lbs
CASE DIMENSIONS: 16"x12"x7"
PALLETIZING: 10 tie X 10 hi
MEAL CONTRIBUTION:
EACH WHOLE GRAIN BLUEBERRY MUFFIN PROVIDES: 2 serving of grain, contains minimum 32 gm flour, minimum 51% of the flour as whole wheat, ¼ fruit.

INGREDIENTS:

Whole grain wheat flour, enriched wheat flour (contains niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, eggs, unsweetened applesauce, blueberries, sugar, vegetable oil (soybean), nonfat milk, baking powder, salt.

**Contains: Wheat, Egg, Soybean, Milk,
(Manufactured in a Peanut Free Plant)**

Shelf life: 10 months frozen, 10 days room temp.
Serving directions: Thaw at room temperature 6 hours prior to serving

I certify that the above information is accurate at present on this date.

Name: David Aframian **Title:** Vice President

Signature: **Date:** January 4, 2018



Nutritional Analysis

Per Serving (102 gm)

Basic Components

Calories 268

Protein 4.5 g

Carbohydrates 45.5 g

Dietary Fiber 3.8 g

Sugar – Total 21 g

Fat – Total 7.5 g

Saturated Fat 1.1 g

Trans Fat 0 g

Cholesterol 34 mg

Vitamin A IU 57 IU

Vitamin C 1.1 mg

Calcium 9 mg

Iron 1.4 mg

Sodium 140 mg

Niacin 2.1 mg

Thiamin 0.21 mg

Riboflavin 0.12 mg

Calories from Fat 68

DAVE'S BAKING COMPANY

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Quality Baked Products Since 1960

Product Formulation Statement

Product Name: Whole Grain Blueberry Muffin **Item number:** WG6239

Manufacturer: Dave's Baking Co.

Case Weight and Pack/Count: 10.8 lbs; 48 servings per case

Weight of one Serving of Product: 3.6 oz, 102 gm

Product WG6239 Belongs to Exhibit A Group: D

Grain Ingredients per serving: Whole wheat flour (18.5gm), Enriched wheat flour (17.4gm).

Description of Creditable Grain Ingredient	Grams of Creditable Grain Ingredient per Portion A	Gram Standard of Creditable Grain per oz equivalent B	Creditable Amount A ÷ B
Whole Grain Wheat Flour	18.5	16	1.15
Enriched Wheat Flour	17.4	16	1.08
Total Creditable Amount			2.2

Description of Creditable Fruit Ingredient	OZ of Creditable Fruit Ingredient per Portion	Cups of Edible Portion per Recipe from FBG A	Multiply by Crediting Factor B	Creditable Amount A x B
Blueberries IQF	0.9 oz	0.13	1	0.16
Apple Sauce	1.1 oz	0.12	1	0.12
Total Creditable Amount				0.28

I certify that the above information is true and correct and that one serving of the above product (ready to eat) contains **Two** serving of Grain. I further certify that non-creditable grains are not above 0.24 oz eq. per portion.

Name: David Aframian

Date: January 4, 2018

Title: Vice President

