

7283 GFS Bread, Honey Whole Grain White, .5in slice (16-24oz)

Brand Abbreviation	GF
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1/28/2015

Nutrition Facts		Amount /serving		%DV*		Amount /serving		%DV*	
		Serving Size 1 Slice (34g)		Total Fat	1g	2%	Sodium	120mg	5%
Servings per Unit 18		Saturated Fat	0g	0%	Potassium	mg	%		
Servings per Container 288		<i>Trans</i> Fat	0g		Total Carbohydrate	18g	6%		
Calories 90		Polyunsaturated	0g		Dietary Fiber	2g	6%		
Calories from Fat 10		Monounsaturated	0g		Sugars	3g			
		Cholesterol	0mg	0%	Protein	3g			
		Vitamin A 0%	Vitamin C 0%	Calcium 4%	Iron 6%				
		Thiamine 10%	Riboflavin 6%	Niacin 10%	Folic Acid 15%				

INGREDIENTS: WHOLE GRAIN WHEAT FLOUR, ENRICHED UNBLEACHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, YEAST, HONEY, SUGAR, WHEAT PROTEIN ISOLATE, SOYBEAN OIL, WHEAT GLUTEN, SALT, POTASSIUM CHLORIDE, CALCIUM PROPIONATE (A PRESERVATIVE), MONOGLYCERIDES, SODIUM GLUCONATE, SODIUM STEAROYL LACTYLATE, LACTIC ACID, NATURAL FLAVORS, CALCIUM SULFATE, CITRIC ACID, ASCORBIC ACID, SOY LECITHIN; MAY BE TOPPED WITH FLOUR.

GF-7283-0115

Contains wheat and soy ingredients.

Dist. By Gordon Food Service, Grand Rapids, MI 49501

NUTRITION & HEALTH CLAIMS		NUTRITIONAL VALUES per serving		PRODUCT SPECIFICATIONS	
Enriched	Kosher Pareve	WeightWatchers® SmartPoints®		net weight/unit	24 oz
0g of Trans Fat /serv	Whole Grain Council Stamp	Grams of Creditable Whole Grains	13.5		24 OZ (1 LB 8 OZ) 680g
0g of Cholesterol /serv		Total Creditable Grains	22.5	count / unit (slices or pcs)	18 +2 heels slices
0g of Saturated Fat /serv		OEG Method 1	1	dimensions/unit (LxWxH)	11.5"L x 4.75"W x 4.5"H
No High Fructose Corn Syrup		OEG Method 2	1.25	product style	round top
		Sodium for 100g of Product	351mg	topping	flour
				Fresh or Frozen	Frozen
				units/container	16 units
				net weight/container	384 oz
					384 OZ (24 LB 0 OZ) 10.89kg

***OEG= Ounce Equivalent Grains

Case or Unit Label	Case
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Type of Bag	Plain
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0115	Case	slices	Fresh
	Unit	pcs	Frozen

Printed - Full
Printed - No NP
Printed - Bag Label
Plain

UNIT CALCS

16 oz	(
1 lb	LB
8 oz	OZ
680 g)
0.68 kg	

CASE CALCS

384 oz
24 lb
0 oz
10886 g
10.89 kg

