



## Product Formulation Statement (PFS) for Documenting Vegetables and Fruits

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Specific vegetable subgroups must be offered weekly and fruit must be served daily for the National School Lunch Program. For more detailed information on meal pattern requirements see the Nutrition Standards for School Meals Website at <a href="http://www.fns.usda.gov/cnd/Governance/Legislation/nutritionstandards.htm">http://www.fns.usda.gov/cnd/Governance/Legislation/nutritionstandards.htm</a>.

Ianufacturer: Tride	nt Beverage, rus Systems	Inc.	_ Serv	ving Size: 4 oz	·	
Vegetable Comp		mine the creditable	amount of veg	etables.		
Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount <sup>1</sup> (quarter cups)	
(100)			X			
			X			
			X			
	Total Cred	litable Vegetable A	Amount:			
■ ¹FBG calculations quarter cup to cup • ■ Vegetables and veg	conversions.			ollowing page for	Total Cups Beans/Peas (Legumes)	
<ul> <li>At least ½ cup of recomponent or a spe</li> <li>The other vegetable green, red/orange,</li> <li>School food author</li> </ul>	ecific vegetable e subgroup may and beans/peas	subgroup. be met with any action (legumes) vegetable	lditional amour e subgroups.	nts from the dark	Total Cups Dark Green	
requirement for the • Please note that ray meals (For example	additional veg v leafy green ve e: 1 cup raw sp	etable subgroup. egetables credit as h inach credits as ½ c	alf the volume up dark green	·	Total Cups Red/Orange	
both in the same meal. The school menu planner will decide how to incorporate legumes into the school meal. However, a manufacturer should provide documentation to show how legumes contribute towards the vegetable component and the meat alternate component. See chart on the following page for conversion factors  The PFS for meat/meat alternate may be used to document how legumes contribute				Total Cups Starchy		
into the school mea how legumes contr component. See ch	art on the follo	wing page for conv.				

(vegetable subgroup)





## **II. Fruit Component**

Please fill out the chart below to determine the creditable amount of fruits.

Description of Creditable Ingredient per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount <sup>1</sup> (quarter cups)
100% Juice (White Grape Juice)	4	X	0.5 Cups	2
		X		
		X		
Total				

- ¹FBG calculations for fruits are in quarter cups. See chart below for quarter cup to cup conversions.
- Fruits and fruit purees credit on volume served.
- At least ½ cup of recognizable fruit is required to contribute towards the fruit component.
- Please note that dried fruits credit as double the volume served in school meals (For example, ½ cup raisins credits as 1 cup fruit).

I certify the above information is true and correct and that	4	ounce serving of the above product contains _	0.5	_cup(s)
of fruit.				

## **Quarter Cup to Cup Conversions\***

0.5 Quarter Cups vegetable =  $\frac{1}{8}$  Cup vegetable or 0.5 ounces of equivalent meat alternate

1.0 Quarter Cups vegetable = ½ Cup vegetable or 1.0 ounce of equivalent meat alternate

1.5 Quarter Cups vegetable = 3/8 Cup vegetable or 1.5 ounces of equivalent meat alternate

2.0 Quarter Cups vegetable = ½ Cup vegetable or 2.0 ounces of equivalent meat alternate

2.5 Quarter Cups vegetable =  $\frac{5}{8}$  Cup vegetable or 2.5 ounces of equivalent meat alternate

 $3.0 \text{ Quarter Cups vegetable} = \frac{3}{4} \text{ Cup vegetable or } 3.0 \text{ ounces of equivalent meat alternate}$ 

3.5 Quarter Cups vegetable = 7/8 Cup vegetable or 3.5 ounces of equivalent meat alternate

4.0 Quarter Cups vegetable = 1 Cup vegetable or 4.0 ounces of equivalent meat alternate

\*The result of 0.9999 equals ½ cup but a result of 1.0 equals ¼ cup

Patrick Walker	President			
Signature	Title			
Patrick Walker	December 14, 2023	(800) 890-0455		
Printed Name	Date	Phone Number		