



**PRODUCT FORMULATION STATEMENT FOR PREPARED FRUIT/VEGETABLE**

Date: 6/17/14

Product Name: Turnip Greens

Code #: 00021213001

Case/Pack/Count/Portion/Size: 6/#10; servings per purchase unit= 47.7

Volume and Weight of One Serving of Product:  $\frac{1}{4}$  cup (60g)

I certify that the above information is true and correct and that one  $\frac{1}{4}$  cup (60g) serving (specify serving volume/weight) of the above product (ready-to-eat) contains  $\frac{1}{4}$  cup servings of fruit/vegetable\*\* for the Child Nutrition Programs.

\*\*CNP requires a minimum of 1/8 cup fruit/vegetable to equal 1 serving fruit/vegetable.

  
Natalie L. Ferguson

Food Technologist

Quality Department



## Chopped Turnip Greens (CTG) Item # 21213

**6 LB. 5 OZ. Net Weight (2.86 kg)**  
**Packaged 6/10 cans per unit**  
**Ingredients: Turnip Greens, Water.**

<b>Nutrition Facts</b>	
Serving Size 1/2 cup (121g)	
Servings Per Container 24	
<b>Amount Per Serving</b>	
<b>Calories 20</b>	<b>Calories from Fat 0</b>
<b>% Daily Value*</b>	
<b>Total Fat 0g</b>	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 15mg</b>	<b>1%</b>
<b>Potassium 115mg</b>	<b>3%</b>
<b>Total Carbohydrate 4g</b>	<b>1%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 0g	
<b>Protein 1g</b>	
Vitamin A 40%	• Vitamin C 4%
Calcium 6%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000    2,500	
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Potassium	3,500 mg    3,500 mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

  
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