

Healthier Snacking Made Easy!

Fruit Bowls
Fruit Parfaits
Fruit Bowls in Gel









A VARIETY OF BENEFITS:

- Shelf Stable, Ready to Eat
- New, Appetite-appealing Graphics
- Perfect Snack for Health Conscious Consumers
- 7 oz. Size Includes Fork
- No Artificial Sweeteners or High-fructose Corn Syrup Included

S	
7	
Ü	
H	
E	
SP	
01	

,	DOLE FRUIT BOWLS, 4 oz. Serving (113g) IN 100% FRUIT JUICE	Calories	Total Fat S	Sat. Fat	Trans Fat	Sodium	Potassium	Carbohydrate	Fiber	Sugars	Protein	*Percentag	e of U.S. Da	
5	Mandarin Oranges in 100% Fruit Juice	70	0g	0g	0g	10mg	75mg	18g	<1g	17g	0g	10%	45%	0%
1	INGREDIENTS: Mandarin Oranges, White Grape Juice From Concent Tropical Fruit in 100% Fruit Juice		Grape Juice Co	ncentrate), Le	emon Juice From	Concentrate (Wa	iter, Lemon Juice Con	ncentrate), Ascorbic Acid	(Vitamin C), and C	itric Acid.		10%	45%	0%
	INGREDIENTS: Fruit (Pineapple, Papaya [Red and Yellow]), White Grape	e Juice From Concentr	Og rate (Water, Whit			Omg on Juice From Cor		14g on Juice Concentrate), Natur	1g ral Flavors, Ascorbic	13g Acid (Vitamin				
	Diced Peaches in 100% Fruit Juice INGREDIENTS: Peaches, White Grape Juice From Concentrate (Wate	70 er, White Grape Juice	Og Concentrate),	0g , Lemon Juice	Og From Concentrat	5mg e (Water, Lemon	90mg 1 Juice Concentrate),	18g Natural Flavors, Ascorbic	<1g Acid (Vitamin C),	17g and Citric Aci	0g d.	4%	45%	0%
	Mixed Fruit in 100% Fruit Juice INGREDIENTS: Fruit (Peaches, Pineapple, Apples, Pears), White Grape Ju	70	Og e (Water White)	Og Grane Inice Co	Og oncentrate) Lemon	5mg	85mg centrate (Water Lemon	17g	1g	16g Acid (Vitamin (Og and Citric Acid	2%	45%	0%
5	Pineapple Tidbits in 100% Pineapple Juice	60	0g	0g	0g	0mg	135mg	15g	1g	14g	<1g	0%	50%	0%
,	INGREDIENTS: Pineapple, Pineapple Juice, Ascorbic Acid (Vitamin O Diced Pears in 100% Fruit Juice	70	0g	0g	0g	10mg	25mg	18g	<1g	17g	<1g	4%	45%	0%
7	INGREDIENTS: Pears, White Grape Juice From Concentrate (Water,	1 -	oncentrate), Le	emon Juice Fr	rom Concentrate (Water, Lemon Ju	nice Concentrate), As	corbic Acid (Vitamin C), a	and Citric Acid.					
2	DOLE FRUIT PARFAITS, 4.3 oz. Serving (123g) Peaches & Crème	120	2g	2g	0g	10mg	55mg	24g	1g	19g	0g	6%	25%	0%
5	INGREDIENTS: Peaches, Water, Sugar, Modified Food Starch, Cocon Citric Acid, Ascorbic Acid (Vitamin C), Carrageenan, Beta Carotene	ut Powder, Glucose	Syrup, Palm Oi							-78	° Б	0,0	-,,,	070
1	Apples & Crème	130	2.5g	2g	0g	10mg	40mg	26g	1g	20g	0g	0%	25%	0%
	INGREDIENTS: Apples, Water, Sugar, Modified Food Starch, Coconu Ascorbic Acid (Vitamin C), Caramel Color, Carrageenan, Locust Bea	t Powder, Glucose Sy an Gum, Citric Acid,	rup, Palm Oil, and Beta Carot	, Natural Flavo ene (Color).	ors, Hydrogenated	Soy Bean Oil, P	nosphoric Acid, Case	in (a Milk Derivative), Cir	nnamon Powder,					
	DOLE FRUIT BOWLS IN GEL, 4.3 oz. Serving (123g)												
)	Pineapple in Strawberry Sugar Free Gel INGREDIENTS: Water, Pineapple, Maltitol, Carrageenan, Natural and A	70 Artificial Flavors, Loca	0g ust Bean Gum, (Og Cochineal Ext	Og tract (Color), Fum:	25mg aric Acid, Malto	80mg dextrin, Sodium Citrat	17g te, Potassium Citrate, Ascor	<1g rbic Acid (Vitamin 0	6g C), Sucralose,	Og and Malic Acid.	0%	25%	0%
Z	Mandarin Orange in Orange Gel	90	0g	0g	0g	55mg	50mg	23g	<1g	22g	0g	8%	25%	0%
	INGREDIENTS: Water, Mandarin Oranges, Sugar, Carrageenan, Natura Peaches in Strawberry Gel	al and Artificial Flavo 90	rs, Sodium Citr Og	ate, Locust Be	ean Gum, Malic Ac Og	id, Fumaric Acid, 25mg	Potassium Citrate, A 70mg	scorbic Acid (Vitamin C), a 23g	and FD&C Yellow # 1g	6 (Color). 22g	0g	2%	25%	0%
	INGREDIENTS: Water, Peaches, Sugar, Carrageenan, Natural and Artifi			hineal Extract							~0	-/-	//	- / *
	DOLE FRUIT BOWLS, 7 oz. Serving (198g) IN 100% FRUIT JUICE													
	NEW! Mixed Fruit in 100% Fruit Juice	130	0g	0g	0g	10mg	125mg	30g	1g	29g	1g	4%	80%	0%
	INGREDIENTS: Fruit (Pineapple, Peaches, Pears), White Grape Juice f Tropical Fruit in 100% Fruit Juice	from Concentrate (Wa 110	ter, White Grape Og	e Juice Concen Og	ntrate), Lemon Juico Og	from Concentrate from 10mg	te (Water, Lemon Juice 260mg	Concentrate), Natural Flavo 27g	ors, Ascorbic Acid (\) 2g	Vitamin C), and 25g	d Citric Acid. <1g	20%	80%	4%
	INGREDIENTS: Fruit (Pineapple, Papaya [Yellow and Red]), White Grape	e Juice from Concentr			Concentrate), Lem	on Juice from Co		on Juice Concentrate), Natu	ral Flavors, Ascorbio	: Acid (Vitamir			0070	
	NEW! Sliced Peaches in 100% Fruit Juice INGREDIENTS: Peaches, White Grape Juice from Concentrate (Water, W	130 Thite Grape Juice Cond	Og centrate), Lemoi	0g n Juice from C	Og Concentrate (Water,	10mg Lemon Juice Con	160mg centrate), Natural Flav	31g ors, Ascorbic Acid (Vitamin	2g C), and Citric Acid.	29g	<1g	6%	80%	0%
	NEW! Mandarin Oranges in 100% Fruit Juice INGREDIENTS: Mandarin Oranges, White Grape Juice from Concentrate	130	Og Juice Concentr	0g	Og	15mg	135mg	31g	<1g	29g	<1g	15%	80%	0%
	DOLE FRUIT PARFAITS, 7 oz. Serving (198g)	e (water, write orașe	Juice Concenti	ac), icinon je	uice iroin concenti	aic (waici, iciio)	njuke ookenuae),	beorbie reid (viaanin 0), a	and Garle Field.					
	Apples & Crème	200	4g	3g	0g	15mg	65mg	40g	2g	31g	0g	0%	45%	0%
	INGREDIENTS: Apples, Water, Sugar, Modified Food Starch, Coconu Ascorbic Acid (Vitamin C), Caramel Color, Carrageenan, Locust Bea	t Powder, Glucose Sy an Gum, Citric Acid,	rup, Palm Oil, and Beta Carot	, Natural Flavo ene (Color).	ors, Hydrogenated	Soy Bean Oil, P	hosphoric Acid, Case	in (a Milk Derivative), Cir	nnamon Powder,					
	Pineapple & Crème INGREDIENTS: Pineapple, Water, Sugar, Modified Food Starch, Coco	190 onut Powder, Glucos	3.5g e Syrup, Palm (3g Oil, Natural a	0g ınd Artificial Flavo	15mg rs, Hydrogenated	95mg d Sov Bean Oil, Phosp	38g ohoric Acid, Casein (a Mill	<1g k Derivative),	32g	<1g	6%	45%	<2%
	Ascorbic Acid (Vitamin C), Citric Acid, Carrageenan, Beta Carotene		Bean Gum.				, , ,	, ,						_
	DOLE FRUIT BOWLS IN GEL, 7 oz. Serving (19 Mixed Emit in Plealy Change Col	0/	0-	00	0.0	45	105	20-	2-	26-	0-	00/	450/	00/
	Mixed Fruit in Black Cherry Gel INGREDIENTS: Water, Fruit (Peaches, Pears, Pineapple), Sugar, Carra	150 ageenan, Malic Acid,	Og Cochineal Extra	Og act (Color), Lo	Og ocust Bean Gum, F	45mg 'umaric Acid, Nat	105mg tural and Artificial Fla	38g vors, Sodium Citrate, Potas	2g ssium Citrate,	36g	0g	0%	45%	0%
	Caramel Color, and Ascorbic Acid (Vitamin C). Mandarins in Orange Gel	160	0g	0g	0g	90mg	80mg	39g	1g	36g	0g	10%	40%	0%
	INGREDIENTS: Water, Mandarin Oranges, Sugar, Carrageenan, Natura	ıl and Artificial Flavoı	rs, Sodium Citra	ate, Locust Be	an Gum, Malic Aci		Potassium Citrate, As	corbic Acid (Vitamin C), a	nd FD&C Yellow #6	(Color.)				
า	DOLE FRUIT BOWLS, 4 oz.		Case Co	ode	Pack S	ize	Case Dim Length x Wid		Ca Net	ase Weig G	ht ross	Case Cube	e Case	s Per Pallet
,	Mandarin Oranges in 100% Fruit Juice		38900-04		36/4.0		13.000 x 9.62		9.0 lbs		.85 lbs.	.4342 ft.		105
)	Tropical Fruit in 100% Fruit Juice Diced Peaches in 100% Fruit Juice		38900-03 38900-03		36/4.0 36/4.0		13.000 x 9.62 13.000 x 9.62		9.0 lbs 9.0 lbs	s. 10	.85 lbs. .85 lbs.	.4342 ft. .4342 ft.		105 105
-	Mixed Fruit in 100% Fruit Juice		38900-03		36/4.0		13.000 x 9.62		9.0 lbs		.85 lbs.	.4342 ft.		105
	Pineapple Tidbits in 100% Pineapple Juice Diced Pears in 100% Fruit Juice		38900-00 38900-03		36/4.0 36/4.0		13.000 x 9.62 13.000 x 9.62		9.0 lbs 9.0 lbs		.85 lbs. .85 lbs.	.4342 ft. .4342 ft.		105 105
j	DOLE FRUIT PARFAITS, 4.3 oz.													
1	Peaches & Crème Apples & Crème		38900-03 38900-03		36/4.3 36/4.3		13.000 x 9.62 13.000 x 9.62		9.68 ll 9.68 ll		.00 lbs. .00 lbs.	.4342 ft. .4342 ft.		105 105
	DOLE FRUIT BOWLS IN GEL, 4.3 oz.		JU/00-0J	, 1 1 J	JU/ 1.J	VL.	13.000 A 7.0	a / A 0.000	7.00 II	70. 14	.00 103.	. 1JT4 II.		10)
)]	Pineapple in Strawberry Sugar Free Gel		38900-03		36/4.3		13.000 x 9.62		9.68 ll		.24 lbs.	.4342 ft.		105
	Mandarin Orange in Orange Gel Peaches in Strawberry Gel		38900-03 38900-03		36/4.3 36/4.3		13.000 x 9.62 13.000 x 9.62		9.68 ll 9.68 ll		.24 lbs. .24 lbs.	.4342 ft. .4342 ft.		105 105
<u>ו</u>	DOLE FRUIT BOWLS, 7 oz Fork Included	!												
	NEW! Mixed Fruit in 100% Fruit Juice Tropical Fruit in 100% Fruit Juice		38900-71 38900-79		12/7 (12/7 (12.01 x 8.07 12.01 x 8.07		5.25 lb 5.25 lb		5 lbs. 5 lbs.	.340 ft. .340 ft.		112 112
	NEW! Sliced Peaches in 100% Fruit Juice		38900-79 38900-71		12/7	OZ.	12.01 x 8.07 12.01 x 8.07		5.25 lb	s. 6.	5 lbs.	.340 ft.		112
	NEW! Mandarin Oranges in 100% Fruit Juice		38900-74	í206-011	12/7)Z.	12.01 x 8.07	x 6"	5.25 lb		5 lbs.	.340 ft.		112
	DOLE FRUIT PARFAITS, 7 oz Fork Include Apples & Crème	d!	38900-71	922	12/7 ()Z.	12.01 x 8.07	x 6"	5.25 lb	s. 6	5 lbs.	.340 ft.		112
	Pineapple & Crème		38900-71		12/7		12.01 x 8.07		5.25 lb		5 lbs.	.340 ft.		112
	DOLE FRUIT BOWLS IN GEL, 7 oz Fork Inc Mixed Fruit in Black Cherry Gel	cluded!	20000 71	071	10/7	72	12.01 = 0.07	v 6"	E 0.5 II.	e (5 lbe	2/06		112
	Mixed Fruit in Black Cherry Gel Mandarins in Orange Gel		38900-71 38900-71		12/7 (12/7 (12.01 x 8.07 12.01 x 8.07		5.25 lb 5.25 lb		5 lbs. 5 lbs.	.340 ft. .340 ft.		112 112



DOLE PACKAGED FOODS, LLC

PO Box 5500, Thousand Oaks, CA 91359-5500 800-723-9868 • www.dolefoodservice.com

Visit www.doleprintondemand.com

for customizable posters, table tents, feature sheets and menu cards to generate more consumer sales!

*Percent Daily Values are based on a 2,000 calorie diet.

