



GFS# 22/231



**Sunchips® French Onion Multigrain Snacks – 1 oz. (28 g.)**

**Whole Grain Rich**

Nutrition Facts	
Serving Size	1 package
Servings Per Container	1
Amount Per Serving	
Calories	
	140
Calories from Fat	60
	%Daily Value*
Total Fat 6g	10%
Saturated Fat 1g	4%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 3.5g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 18g	6%
Dietary Fiber 2g	10%
Sugars 2g	
Protein 2g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total	300g 375g
Carbohydrate	
Dietary	25g 30g
Fiber	
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

**Ingredients:**

Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar, Whey Protein Concentrate, Salt, Buttermilk, Whey, Onion Powder, Sour Cream (Cream, Skim Milk, Cultures), Natural Flavors, Gum Acacia, Skim Milk, Mozzarella Cheese (Milk, Cheese Cultures, Salt, Enzymes), Yeast Extract, Spices (Including Parsley), and Maltodextrin (Made From Corn).

**CONTAINS WHEAT AND MILK INGREDIENTS.**

Case UPC	000-28400-11153-9
Bag UPC	0-28400-00885-3
Case Pack	104/1 oz. bags
Kosher Status	No
AHG Compliant	No
Healthier US Schools Compliant Competitive Foods (Bronze, Silver & Gold Awards)	No
Healthier US Schools Compliant Competitive Foods (Gold Award of Distinction)	No
Meets USDA Whole Grain Rich Definition	Yes
Grain- oz. eq. (16 g/serving)	1.25 oz. eq.
Weight of Grain	21.9 g
Document Updated	6/13

I verify the above information is accurate as of 6/17/13.

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