



Farm Fresh Goodness Made Great

<b>Brite Item Code</b>	42953		
<b>Item Description</b>	Peas Mixed Sieve Low Sodium 603 x 700 106 oz.		
<b>Issue Date</b>	May 9, 2014	Issue E	History: Issue C 11/05/12 Issue D 6/13/13 Issue E 5/09/14
<b>Approved</b>	K. Challoner		page 3 of 3

**Nutritional Information:**

<b>Nutrition Facts*</b>			
Serving Size 1/2 Cup (125g)			
Servings Per Container see below			
<b>Amount Per Serving</b>			
<b>Calories</b>	70	Calories from fat 5	
		<b>%Daily Value*</b>	
<b>Total Fat</b>	0.5g		<b>1%</b>
Saturated Fat	0g		<b>0%</b>
Trans Fat	0g		
<b>Cholesterol</b>	0mg		<b>0%</b>
<b>Sodium</b>	140mg		<b>6%</b>
<b>Potassium</b>	105mg		<b>3%</b>
<b>Total Carbohydrate</b>	12g		<b>4%</b>
Dietary Fiber	3g		<b>12%</b>
Sugars	6g		
<b>Protein</b>	4g		
Vitamin A 6% • Vitamin C 20%			
Calcium 2% • Iron 8%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 • Carbohydrates 4 • Protein 4			

INGREDIENTS: PEAS, WATER, SUGAR, SALT

**Servings per Container:**

Container Size	Weight		Servings
603 x 700	106 oz.	3.01Kg	About 24