

# USDA Foods Product Information Sheet

For Child Nutrition Programs



## 100127—Beef, Canned

Category: **Meat/Meat Alternate**



### PRODUCT DESCRIPTION

This item is coarse ground beef cooked in its own juices and canned. This product is delivered in cases containing twenty-four 24-ounce cans.

### CREDITING/YIELD

- One case of canned beef provides about 288 2-ounce portions.
- CN Crediting: 2 ounces of canned beef credit as 1 ounce equivalent meat/meat alternate.

### CULINARY TIPS AND RECIPES

- Canned beef can be heated and served as a protein component in a variety of different dishes, such as barbeque beef, soups, stews, spaghetti sauce or casseroles.
- For more culinary techniques and recipe ideas visit [NFSMI](#) or [Team Nutrition](#).

### FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

### NUTRITION FACTS

Serving size: 2 ounces (55 g)/1 MMA canned beef

#### Amount Per Serving

**Calories** 120

**Total Fat** 8g

Saturated Fat 4g

*Trans* Fat 0g

**Cholesterol** 35mg

**Sodium** 150mg

**Total Carbohydrate** 0g

Dietary Fiber 0g

Sugars 0g

**Protein** 10g

Source: USDA Foods Vendor Labels

**Allergen Information:** Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.