

3.6 oz WG Potato Crunch Pollock Fillets, CN

Coated with real potato sticks, Potato Crunch provides a uniquely great tasting and exciting line of items. Portion controlled, easy to prepare and CN approved, it is ideal for schools and healthcare.

Nutrition Facts

Servings per container

Serving Size 1 Portion

Amount Per Serving

Calories

	% Daily Value
Total Fat 11 g	17%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 45 mg	15%
Sodium 310 mg	13%
Total Carbohydrate 13 g	4%
Dietary Fiber 1 g	4%
Total Sugars 0 g	
Includes g Added Sug	gars %
Protein 13 g	
Vitamin D mg	%
Calcium mg	0%
Iron mg	4%
Potassium mg	%

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Code	GTIN	Pack	Type Of Catch
06233	00074638062334	1 X 20.7 LBR	Wild

Brand	GPC Description	
High Liner Foodservice	Fish - Prepared/Processed (Frozen)	

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
22.8 LBR	20.7 LBR	USA	No	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp
16.8 INH	12.1 INH	10.3 INH	1.2 FTQ	9x4	18	0 FAH / 0 FAH

Ingredients:

71.5% POLLOCK [FISH, WATER, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE)]; 28.5% BATTER AND BREADING: POTATOES, CANOLA OIL, YELLOW CORN FLOUR, WATER, CONTAINS 2% OR LESS OF: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE YELLOW CORN MEAL MODIFIED CORN STARCH, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, CORN STARCH, SUGAR, WHEY LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), NATURAL FLAVOR, YEAST. PREFRIED IN CANOLA, COTTONSEED AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT, MILK

	Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):				
	Eggs - N	Milk - C	Soy - N		
Fish - C		Wheat - C	TreeNuts - N		
	Peanuts - N	Crustacean - N			

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS: COOK FROM FROZEN STATE CONVECTION OVEN: Preheat oven to 400°F. Bake for 12-14 minutes. CONVENTIONAL OVEN: Preheat oven to 450°F. Bake for 14-16 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF165°F MINIMUM.

Serving Suggestions:

school lunch programs, elderly feeding, buffets.



Species / Scientific Name:

Claims & Child Nutrition:

MSC Certified:

Has CN Statement: Yes

1 X 3.6 OZ PORTIONS PROVIDES 2 .00 CN Statement:



Information subject to change without notice at the discretion of High Liner Foods (USA)

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Printed On: 15 January 2019

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06233 - 3.6 oz WG Potato Crunch Pollock Fillets, CN

CN Information:

CN Statement: 1 X 3.6 OZ PORTIONS PROVIDES 2 .00 OZ EQ MEAT/ 0.50 OZ EQ GRAIN

Suggested Bid:

Meat/Meat Alternative: 1 X 3.6 OZ PIECE X 0.713 FISH FLESH X. 0.78 = 2.002 OZ

WholeGrain Credit Calculation: 0.2829 EQ OZ PER PORTION X 28.35G =8.0188 /16G = 0.5012 OZ

Label Copy

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.

Whole Grain Oven Ready
Potato Crunch
Alaska Pollock Rectangles

3.6 oz

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High Liner Bid Desk Contact and Specification Verification

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INDIVIDUALLY QUICK FROZEN

KEEP FROZEN DO NOT

REFREEZE

2560646

3.6 oz Alaska Pollock Rectangles Potato Crunch

Whole Grain Oven Ready 06233

RADIE CONTRACTOR

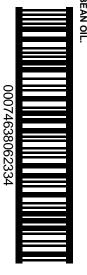
COOKING INSTRUCTIONS: COOK FROM FROZEN STATE.

CONVECTION OVEN: Preheat oven to 400°F. Bake for 12-14 minutes, CONVENTIONAL OVEN: Preheat oven to 450°F. Bake for 14-16 minutes, NOTE: COOK TO AN INTERNAL TEMPERATURE OF165°F MINIMUM.

INGREDIENTS: ALASKA POLLOCK, WATER, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE) 71.3%.
COATING 28.7%: WATER, POTATOES [POTATOES, VEGETABLE OIL (CANOLA, CORN, COTTONSEED, AND/OR SOYBEAN)],
WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN,
FOLIC ACID), WHOLE YELLOW CORN MEAL, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE
MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS LESS THAN 2% OF: YELLOW CORN FLOUR, MODIFIED CORN STARCH,
SALT, CORN STARCH, SUGAR, WHEY, YEAST, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE),
NATURAL FLAVOR. PARFRIED IN CANOLA, COTTONSEED AND/OR SOYBEAN OIL.

NET WT 20.70 Lb (9.39 kg)

EST. # 045



One 3.60 oz. Whole Grain Potato Crunch Fish Portion provides 2.00 oz. equivalent meat and 0.50 oz. equivalent CN grain for Child Nutrition Meal Pattern Requirements. (Use CN of this one can ask of an ask of an area of a natural years of years of the control of Federal Weal Requirements

06233

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801 FOR INQUIRIES CALL: 1-888-860-3664

