

3.6 oz WG Potato Crunch Pollock Fillets, CN

Coated with real potato sticks, Potato Crunch provides a uniquely great tasting and exciting line of items. Portion controlled, easy to prepare and CN approved, it is ideal for schools and healthcare.

Nutrition Facts

92 Servings per container

Serving Size 1 Portion

Amount Per Serving
Calories **200**

% Daily Value*

Total Fat 11 g **17%**

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

Cholesterol 45 mg **15%**

Sodium 310 mg **13%**

Total Carbohydrate 13 g **4%**

Dietary Fiber 1 g **4%**

Total Sugars 0 g

Includes g Added Sugars %

Protein 13 g

Vitamin D mg %

Calcium mg 0%

Iron mg 4%

Potassium mg %

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Code	GTIN	Pack	Type Of Catch
06233	00074638062334	1 X 20.7 LBR	Wild

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
22.8 LBR	20.7 LBR	USA	No	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp
16.8 INH	12.1 INH	10.3 INH	1.2 FTQ	9x4	18	0 FAH / 0 FAH

Ingredients:

71.5% POLLOCK [FISH, WATER, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE)]; 28.5% BATTER AND BREADING: POTATOES, CANOLA OIL, YELLOW CORN FLOUR, WATER, CONTAINS 2% OR LESS OF: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE YELLOW CORN MEAL, MODIFIED CORN STARCH, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, CORN STARCH, SUGAR, WHEY, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), NATURAL FLAVOR, YEAST. PREFRIED IN CANOLA, COTTONSEED AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT, MILK

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - C	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS: COOK FROM FROZEN STATE.
CONVECTION OVEN: Preheat oven to 400°F. Bake for 12-14 minutes.
CONVENTIONAL OVEN: Preheat oven to 450°F. Bake for 14-16 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

Serving Suggestions:

school lunch programs, elderly feeding, buffets.

Species / Scientific Name:

Pollock

Claims & Child Nutrition:

BAP Certified :

MSC Certified :

Has CN Statement : Yes

CN Statement : 1 X 3.6 OZ PORTIONS PROVIDES 2 .00



CN Information :

CN Statement : 1 X 3.6 OZ PORTIONS PROVIDES 2 .00 OZ EQ MEAT/ 0.50 OZ EQ GRAIN
 Suggested Bid :
 Meat/Meat Alternative : 1 X 3.6 OZ PIECE X 0.713 FISH FLESH X 0.78 = 2.002 OZ
 WholeGrain Credit Calculation : 0.2829 EQ OZ PER PORTION X 28.35G =8.0188 /16G = 0.5012 OZ

Label Copy

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.



**Whole Grain Oven Ready
 Potato Crunch
 Alaska Pollock Rectangles
 3.6 oz**

06233



INDIVIDUALLY
 QUICK FROZEN

KEEP FROZEN
 DO NOT
 REFREEZE



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 INGREDIENTS: ALASKA POLLOCK, WATER, SODIUM TRIPHOSPHATE (TO RETAIN MOISTURE) 71.3%, COATING 28.7% WATER, POTATOES (POTATOES, VEGETABLE OIL (CANOLA, CORN, COTTONSEED, AND/OR SOYBEAN)), WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE YELLOW CORN MEAL, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS LESS THAN 2% OF: YELLOW CORN FLOUR, MODIFIED CORN STARCH, SALT, CORN STARCH, SUGAR, WHEY, YEAST, LEAVENING SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, NATURAL FLAVOR, PARRIED IN CANOLA, COTTONSEED AND/OR SOYBEAN OIL.
 CONTAINS: FISH (POLLOCK), WHEAT, MILK.

NET WT 20.70 Lb (9.39 kg)



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LOT#:

094451
 One 3.60 oz. Whole Grain Potato Crunch Fish Portion provides 2.00 oz. equivalent meat and 0.50 oz. equivalent grain for Child Nutrition Meal Pattern Requirements. (Use CN # of this lot to calculate substitutions for other products.)
 Nutrition Services, USDA, ARS/ARS

06233

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801
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