



**Product Fact Sheet for
Schools and Child Care Institutions**

PRODUCT SPECIFICATION:	VEGETABLE / SQUASH, FROZEN: Simplot Classic® Squash, Yellow, Smooth Sliced / SKU 10071179904618. To be packed to U.S. Grade A Standard. PACK SIZE: 12/2 LB bags per case.
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NATIONAL SCHOOL MEAL PROGRAM YIELD AND CREDIT INFORMATION*

FBG: Squash, summer, frozen <i>Yellow Sliced</i>	FBG Servings per LB	Servings per Bag	Servings per Case	Bags for 100 Servings
2.03 oz AP (frozen) provides one - ¼ cup serving of creditable vegetable	7.90	15.80	189.60	6.4
4.06 oz AP (frozen) provides one - ½ cup serving of creditable vegetable	3.95	7.90	94.80	12.7

Creditable Serving Size	Dark Green	Red/Orange	Starchy	Beans/Peas	Other	Additional	Meat Alt.
¼ cup					¼ cup		
½ cup					½ cup		
¾ cup					¾ cup		
1 cup					1 cup		

**Information above is provided for food, as purchased, using the USDA Food Buying Guide for Child Nutrition, January 2013 Update. Servings are approximate.*

NUTRITION INFORMATION	¼ cup	½ cup
Gram Weight (g)	58	115
Calories (kcal)	10	25
Calories from fat (kcal)	0	0
Fat (g)	0	0
Saturated Fat (g)	0	0
Trans Fat (g)	0	0
Cholesterol (mg)	0	0
Sodium (mg)	0	0
Potassium (mg)	3930	7860
Carbohydrates (g)	2	4
Dietary Fibers (g)	1	1
Total Sugars (g)	1	2
Protein (g)	1	1
Vitamin A (IU)	48.92	97.83
Vitamin C (mg)	2.40	4.80
Calcium (mg)	11.16	22.32
Iron (mg)	0.20	0.39

INGREDIENT STATEMENT:

Yellow Squash.

ALLERGEN INFORMATION:

N/A

FOOD SENSITIVITY INFORMATION:

Gluten-free. Vegan.

PREPARATION INSTRUCTIONS:

STEAMER:	Place vegetables in a full-size steam table pan. Do not add water or cover. Steam in a preheated steamer for 4-5 minutes or until product is tender and thoroughly heated. Season and serve.
STOVETOP:	Bring ½ cup water and frozen vegetable to a boil in a 3-quart sauce pan. Cover and reduce heat to medium. Simmer for 6-8 minutes or until product is tender and thoroughly heated. Season and serve.
MICROWAVE:	Place frozen vegetables and 2 Tbsp. of water into a microwave-safe dish. Cover and cook on High for 5-6 minutes or until product is thoroughly heated. Stir halfway through cooking time. Season and serve.

CASE PACK:

Dimensions (LxWxH):	16.875" x 11.25" x 10.25"	Pallet (TI/HI):	10 x 7
Shelf Life (days):	720 @ 0°F	Gross Weight (LB):	25.25

I certify that the above information is true and correct as of September 19, 2013.

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