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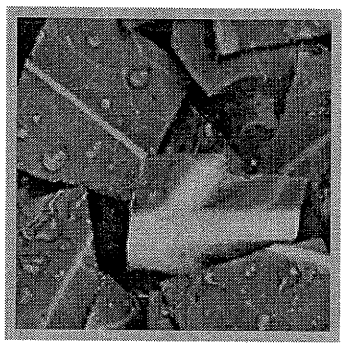

Chopped Collard Greens

Nutritional Information

Nutrition Facts

Serving Size: 1 cup (87g)
Servings Per Container:
48 oz. Package: About 15

Amount Per Serving
Calories: 30 **Calories From Fat:** 0

	% Daily Value*
Total Fat 0.0g	0%
Saturated Fat 0.0g	0%
Trans Fat 0.0g	
Cholesterol 0.00mg	0%
Sodium 30mg	1%
Total Carbohydrates 3g	1%
Dietary Fiber 2.00g	8%
Sugars 0.00g	
Protein 2.00g	

Vitamin A 35% **Vitamin C** 8%

Calcium 8% **Iron** 4%