



Product Formulation Worksheet

Product Name: Swanson® Chunks O' Chicken

Formula and Version Number: 415000000246\0018

UPC Code: 2465

Revision Date: 1/11/2018

Portion per Recipe: 8

Serving Size Volume: 3 oz

Serving Size Weight: 85 g

| Ingredients (1) | Quantity of Ingredients As Purchased (number of purchase units) (2) | Purchase Unit (3) | Servings per Purchase Unit in Food Buying Guide (4) | Meat/Meat Alternates (Ounces) (5) = (2) X (4) | Grains (oz equivalent) (6) = (2) X (4) | Vegetables (1/4 cup) (7) = (2) X (4) | Vegetables Cup Equivalent per Serving | Vegetable Subgroup | Total per Subgroup (cups) | Summary of Vegetable Subgroup Contribution |
|---|---|----------------------|--|---|--|--|---|-----------------------|---------------------------------|---|
| Chicken, Canned, Boned* | 1.00 | 29.5 oz Can | 24.78 | 24.78 | | | | | | |
| Notes: *One 29.5 oz can = about 24.78 oz heated, drained, chicken meat without skin. A 3 oz serving provides 3 oz Meat/Meat Alternates. | | | | Totals | 24.78 | 0 | 0.0 | | | |
| | | | | Portion Per Recipe | 8 | 8 | 8 | | | |
| | | | | Calculations | 3.10 | 0.00 | 0.00 | | | |
| | | | | Each Portion Contributes | 3 oz Meat/Meat Alternates | oz Equivalent Grains | cup(s) Vegetables | | | |

I certify that the above information is true and correct when prepared according to directions.

Jennifer McQuillan, NDTR, SNS

Nutrition Analyst, Global Nutrition & Regulatory Affairs



Product Name: Swanson® Chunks O' Chicken

Case Code: 02465

Case Pack: 6/ 29.5 oz Cans

Serving Size : 3oz (85 g)

Revised: 1/11/2018

| Nutrition Facts | | Amount Per Serving | % DV * | Amount Per Serving | % DV * | * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. |
|---------------------------------------|--|--|--------|-----------------------|--------|---|
| ABOUT 8 SERVINGS PER CONTAINER | | Total Fat 2g | 3% | Sodium 350mg | 15% | |
| Serving size 3 OZ. DRAINED (85 g) | | Sat. Fat 1g | 5% | Total Carb. 0g | 0% | |
| Calories per serving 70 | | Trans Fat 0g | | Fiber 0g | 0% | |
| | | Polyunsat. Fat 0g | | Total Sugars 0g | | |
| | | Monounsat. Fat 1g | | Incl. 0g Added Sugars | 0% | |
| | | Cholest. 55mg | 18% | Protein 13g | 26% | |
| | | Vitamin D 0mg 0% • Calcium 0mg 0% • Iron 0.1mg 0% • Potassium 140mg 2% | | | | |

INGREDIENT STATEMENT: CHICKEN MEAT, WATER, CONTAINS LESS THAN 2% OF: SALT, MODIFIED FOOD STARCH, RICE STARCH, SODIUM PHOSPHATE.

PREPARATION: Ready-to-serve. No preparation required.

HANDLING GUIDELINES: STORE UNOPENED AT ROOM TEMPERATURE.

SHELF LIFE: 2 YEARS; DATE ON CAN

STORAGE TEMPERATURE: 70°F

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