Kellogg's® Special K® cereal

Lightly toasted flakes of rice.

Product Type

Bowl Pack

Product Category

UPC Code

3800001696

Servings/Case

96 ct

Sizes

0.625 oz

Format

Single Serve

Gross Weight

8.90

Allergen Information

Contains wheat and milk ingredients.

Dietary Exchange Per Serving

1 Carbohydrate

Kosher Status Kosher Dairy

Grain Ounce Equivalents

0

Shelf Life

365 days (12 months)

Country of Origin

Distributed in USA



Date Printed: 03/21/2018

Kellogg's® Special K® *Original*

Nutrition	Amount/Serving	%DV*	Amount/Serving %DV* Amount/Serving %DV*
Facts	Total Fat Og	0%	Cholest. Omg 0% Dietary Fiber 0g 0%
Serving Size 3/4 Cup (18g)	Sat. Fat Og	0%	Sodium 120mg 5% Sugars 2g
Calories 70	Trans Fat Og		Total Carb. 13g 4% Protein 3g
Calories from Fat 0 * Percent Daily Values (DV) are based on a 2,000 calorie diet.	Vitamin D 69		amin C 20% • Calcium 0% • Iron 25% amin 20% • Riboflavin 20% • Niacin 20% ic Acid 50% • Vitamin B ₁₂ 50%
MALT FLAVOR, CALCIUM CASEINAT VITAMINS AND MINERALS: VITAMIN	E. I C (ASCORBIC ACID IAMIN HYDROCHLO D3.), REDL	AT GERM, CONTAINS 2% OR LESS OF SALT, WHEY, ICED IRON, NIACINAMIDE, VITAMIN B_6 (PYRIDOXINE VITAMIN B_2 (RIBOFLAVIN), FOLIC ACID, VITAMIN A

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