



# MJM All-Sports Bites-Vanilla

Nutritional Statement

MJM #514150

Smart Snack Approved

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>(28g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>110</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 3.5g	<b>4%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 95mg	<b>4%</b>
<b>Total Carbohydrate</b> 20g	<b>7%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 6g	
Includes 6g Added Sugars	<b>12%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	<b>0%</b>
Calcium 12mg	<b>0%</b>
Iron 2mg	<b>10%</b>
Potassium 9mg	<b>0%</b>
Thiamin 0.2mg	<b>15%</b>
Riboflavin 0.2mg	<b>15%</b>
Niacin 2mg	<b>15%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

- ◆ Whole Grain
- ◆ Zero Trans Fat
- ◆ All Natural Flavors
- ◆ No High Fructose Corn Syrup
- ◆ No Peanuts or Tree Nuts
- ◆ NO Sat Fat
- ◆ Low Sodium
- ◆ 2g Fiber
- ◆ No Dairy
- ◆ No Preservatives
- ◆ Kosher
- ◆ 1 oz. Grain Equivalent



Whole Grain (g)	9.60
	<b>53%</b>
Total Grain (g)	18.23

(Derived from wheat)



INGREDIENTS: Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Dextrose, Modified Wheat Starch, Salt, Sodium Bicarbonate, Monocalcium Phosphate, Corn Starch, Natural Flavor, Vitamin A Palmitate, Added Vitamins and Iron (Ascorbic Acid, Niacinamide, Iron/Electrolytic, Riboflavin, Thiamin Mononitrate, Maltodextrin as Carrier).

Contains: Wheat

GTIN Code	Serving Size	Case/Pk	TI-HI	Case Dimension	Case Cube	Gross Wt	Net Wt
00682830514157	28g/1 oz	150ct	8 x 7 HI	19 x 11 x 11	1.3	11.5 lb	9.5 lb

Each package of this product meets USDA requirements for a 1 oz. GRAIN

<b>Product Formulation Statement for Grains</b>			
Description of Creditable Grain Ingredient	Grams of Creditable Grain per Portion	Gram Standard of Creditable Grain per oz Equivalent	Creditable Amount
Whole Wheat Flour	9.60	16	0.60
Enriched Flour	8.63	16	0.54
<b>Total Creditable Grain Amount</b>			<b>1</b>
Non-Creditable Grains (Not included in totals above)			0.29g

  

Description of Product per Food Buying Guide	Portion Size of Product as Purchased	Weight of one ounce equivalent as listed in SP 30-2012	Total Creditable Amount	Exhibit Group Product Belongs to	Total Weight of Product per Portion as Purchased	Total Contribution of Grain per Portion
Graham	28g	28g	1	Group B	28g	<b>1 oz. equivalent</b>

MJM products are produced in a nut-free & peanut-free facility. MJM does not purchase, store or produce any products that contain peanuts, peanut oil, peanut butter, or any products made from nuts.

Helen Corey (800) 505-5080  
Vice President  
MJM Marketing

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