

The LEGEND® Chicken Fried Chicken Breast



Item #: 936506 **Pieces Per Case:** 24 **Piece Size (oz.):** 6.00 **Case Weight (lb.):** 9.00

Product Source: ROSS

Description: A match for scratch. Boneless, skinless, whole muscle chicken breast. Breaded with wheat flour, seasoned with spices, onion and garlic, this product offers a handmade appearance. Par-fried to set the breading and preserve highlights. Bakeable.

Technical Label Name: Partially Cooked Chicken Breast Fritter For Country Frying With Rib Meat Contains up to 10%

Packaging Type: BULK-LINER

Master Case UPC Code: 00880760043901

Master Case Length: 18.00000

Master Case Width: 12.31250

Master Case Height: 4.68750

Master Case Cube: 0.60120

Cases/Layer: 7

Cases/Pallet: 63

Layers/Pallet: 9

Package UPC Code: 880760043901

Frozen Shelf Life (days): 365

Refrigerated Shelf Life (days): 0

Preparation Method:

Deep Fryer: Preheat oil to 350 degrees F. Place frozen product in oil, heavy breaded side face down and cook for 3 1/2-4 minutes or until internal temperature reaches 165 degrees F.

Flat Grill: Add a small amount of oil to the medium heat section of the grill (350 degrees F); cook frozen product for 3-5 minutes on each side or until internal temperature reaches 165 degrees F, turning frequently to avoid burning the breading.

Conventional Oven: Preheat oven to 350 degrees F. Bake frozen product for 50-60 minutes or until internal temperature reaches 165 degrees F.

Convection Oven: Preheat oven to 350 degrees F. Bake frozen product for 30 minutes or until internal temperature reaches 165 degrees F.

Ingredient Statement: INGREDIENTS: Chicken Breast with Rib Meat, Containing up to 10% Solution of Water, Sodium Phosphate, Salt. Breaded with: Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Flour, Salt, Soy Flour, Yellow Corn Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Spices, Dried Garlic, Methylcellulose, Dried Onion, Soybean Oil, Paprika, Spice Extractives. Battered with: Water, Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Soy Flour, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Spices, Wheat Gluten, Dried Onion, Dried Garlic, Paprika, Spice Extractive, Paprika Extract. Set in Vegetable Oil. CONTAINS: Soy, Wheat

SuEllen Noelck
Senior Manager Labeling & Nutrition | Research & Development
9990 Princeton-Glendale Road | Cincinnati, OH 45246
(513)682-1371 | suellen.noelck@advancepierre.com

6/19/14

Nutrition Facts:

Serving Size: 6.00 OZ (168 g)
Servings Per Container: 24

Calories / Calories from Fat: 420 / 190
% Daily Value **

Total Fat	21 g	32%
Saturated Fat	5 g	25%
Trans Fat	0.5 g	
Cholesterol	55 mg	18%
Sodium	1160 mg	48%
Total Carbohydrate	39 g	13%
Dietary Fiber	1 g	4%
Sugars	0 g	
Protein	19 g	
Vitamin A		2%
Vitamin C		4%
Calcium		2%
Iron		15%

** Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Nutritional Data:

Name	UoM	Per Serving	Per 100g
Calcium	mg	19.2	11.4
Calories	kcal	421.3	250.8
Calories from Fat	kcal	185.4	110.4
Cholesterol	mg	55.4	33.0
Dietary Fiber	g	1.3	0.7
Iron	mg	2.8	1.6
Protein	g	18.7	11.1
Saturated Fat	g	5.1	3.0
Serving Size	g	168.0	100.0
Sodium	mg	1156.6	688.4
Sugars	g	0.0	0.0
Total Carbohydrate	g	39.1	23.2
Total Fat	g	20.6	12.2
Trans Fat	g	0.7	0.4
Vitamin A	IU	90.4	53.8
Vitamin C	mg	2.1	1.2