



**ORE-IDA® SEASONED HOMESTYLE MASH MAKERS® MASHED POTATOES**  
 USDA School Lunch Meal Planning Nutrition Facts  
 OIF03613

NUTRITION FACTS			
Serving Size 4.35 oz. (124g) FROZEN *			
Amount per Serving			
Calories	110	Calories from Fat	30
% Daily Value*			
Total Fat	3.5g		5%
Saturated Fat	1g		5%
Trans Fat	0g		
Polyunsaturated Fat	2g		
Monounsaturated Fat	0.5g		
Cholesterol	0mg		0%
Sodium	340mg		14%
Potassium	220mg		6%
Total Carbohydrate	18g		6%
Dietary Fiber	2g		8%
Sugars	less than 1g		
Protein	2g		
Vitamin A	0%	Vitamin C	10%
Calcium	2%	Iron	2%

**INGREDIENTS:** POTATOES, SOYBEAN OIL, WHOLE MILK POWDER (PASTEURIZED SKIM MILK, CREAM) [MILK], SALT, CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, CAROB BEAN GUM) [MILK], CREAMER (WHEY, MILK PROTEIN CONCENTRATE) [MILK], SPICES, BETA-CAROTENE (COLOR), SODIUM ACID PYROPHOSPHATE ADDED TO PRESERVE NATURAL COLOR.

\* Per FBG, one serving portion (1/2 cup heated vegetable) equals 4.35 of McCain patties.

I certify that this information is true and correct.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)			
Product: Potato Products, frozen, Mashed (pg. 2-70)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	7.37	1/4 cup heated vegetable	13.6

McCain Equivalent per Bag			
Product: Potato Products, frozen, Mashed (pg. 2-70)			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
4 Pounds	14.74	1/2 cup heated vegetable	10.74

McCain Equivalent per Case			
Product: Potato Products, frozen, Mashed (pg. 2-70)			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
24 Pounds (6 Bags per Case)	88.44	1/2 cup heated vegetable	1.13

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potato Products, Frozen, Mashed	4.35 oz by weight	X	7.37 / 16	2.003
<b>A. Total Creditable Amount</b>				<b>2.003</b>

\* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:		
0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

1/2/2014  
Date

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Hyperlink:  
<http://www.mccainusafoodservice.com/Product/Detail/OIF03613?backUrl=%2FProduct%2FList%3FCurrentFilter.FreeText%3DOIF03613>