



**Product Fact Sheet for  
Schools and Child Care Institutions**

<b>PRODUCT SPECIFICATION:</b>	<b>VEGETABLE / GREEN BEAN, FROZEN: Simplot Classic® Culinary Select™ Haricot Vert / SKU 10071179816775.</b> To be packed to US. Grade A standard; cuts; individually quick frozen. To contain 100% green beans. <b>PACK SIZE:</b> 6/2.5 LB bags per case.
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**NATIONAL SCHOOL MEAL PROGRAM YIELD AND CREDIT INFORMATION\***

FBG: Beans, Green, frozen <i>Whole includes USDA Foods</i>	FBG Servings per LB	Servings per Bag	Servings per Case	Bags for 100 Servings
1.50 oz AP (frozen) provides one - ¼ cup serving of creditable vegetable	10.70	26.75	160.50	3.8
3.00 oz AP (frozen) provides one - ½ cup serving of creditable vegetable	5.35	13.37	80.22	7.5

Creditable Serving Size	Dark Green	Red/Orange	Starchy	Beans/Peas	Other	Additional	Meat Alt.
¼ cup					¼ cup		
½ cup					½ cup		
¾ cup					¾ cup		
1 cup					1 cup		

*\*Information above is provided for food, as purchased, using the USDA Food Buying Guide for Child Nutrition, January 2013 Update. Servings are approximate.*

NUTRITION INFORMATION	¼ cup	½ cup
Gram Weight (g)	<b>43</b>	<b>85</b>
Calories (kcal)	15	30
Calories from fat (kcal)	0	0
Fat (g)	0	0
Saturated Fat (g)	0	0
Trans Fat (g)	0	0
Cholesterol (mg)	0	0
Sodium (mg)	0	0
Potassium (mg)	80	160
Carbohydrates (g)	3	6
Dietary Fibers (g)	1	2
Total Sugars (g)	1	2
Protein (g)	1	1
Vitamin A (IU)	123.67	40.82
Vitamin C (mg)	1.80	3.60
Calcium (mg)	19.27	38.54
Iron (mg)	0.37	0.73

**INGREDIENT STATEMENT:**

Green Beans.

**ALLERGEN INFORMATION:**

N/A

**FOOD SENSITIVITY INFORMATION:**

Gluten-free. Vegan.

**PREPARATION INSTRUCTIONS:** *See product packaging for additional preparation instructions.*

<b>STEAMER:</b>	Arrange entire bag of frozen vegetables in a slotted full-size steam table pan. Steam for 3½ minutes and serve.
<b>STOVETOP:</b>	Bring 4-quarts of water to a boil on High in a 7-quart pot. Add entire bag of frozen vegetables to boiling water. Cook for 10 minutes. Drain and serve.
<b>MICROWAVE (2200 Watt):</b>	Place frozen vegetables in a microwave-safe dish with water. Cover. Cook on High, stirring once halfway through cooking time. Drain and serve. <b>4 oz:</b> Add 1 Tbsp water and cook for 55 seconds. <b>Half Bag:</b> Add 2 Tbsp. water and cook for 3½ minutes.

CASE PACK:			
<b>Dimensions (LxWxH):</b>	17.375" x 10.375" x 9.125"	<b>Pallet (TI/HI):</b>	9 x 6
<b>Shelf Life (days):</b>	720 @ 0°F	<b>Gross Weight (LB):</b>	16.50

I certify that the above information is true and correct as of October 11, 2013.

Shawanda Brown, Regulatory Affairs and Nutrition Manager

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