

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	VEGETABLE / CARROTS, FROZEN: 10071179737339 Simplot Simple Goodness™ Parisian Carrots, 6/2.5 LB. To be packed to U.S. Grade A Standard.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.94 oz.	½ cup cooked, drained vegetable	13.60	81.63

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Carrots, frozen Baby	Red/Orange	2.94	x	10.90 / 16	2.00
Each 2.94 ounce serving of the product above contains 1/2 cup Red/Orange vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																								
Carrots.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>2.94 oz (83g)</td> </tr> <tr> <td colspan="2">Amount per serving</td> </tr> <tr> <td>Calories</td> <td>35</td> </tr> <tr> <td colspan="2" style="text-align: right;">% Daily Value*</td> </tr> <tr> <td>Total Fat 0g</td> <td>0%</td> </tr> <tr> <td> Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td> Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 35mg</td> <td>2%</td> </tr> <tr> <td>Total Carbohydrate 8g</td> <td>3%</td> </tr> <tr> <td> Dietary Fiber 3g</td> <td>11%</td> </tr> <tr> <td> Total Sugars 4g</td> <td></td> </tr> <tr> <td> Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 1g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 27mg</td> <td>2%</td> </tr> <tr> <td>Iron 0mg</td> <td>0%</td> </tr> <tr> <td>Potassium 196mg</td> <td>4%</td> </tr> <tr> <td colspan="2"><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></td> </tr> </table>	Nutrition Facts		Serving size	2.94 oz (83g)	Amount per serving		Calories	35	% Daily Value*		Total Fat 0g	0%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 35mg	2%	Total Carbohydrate 8g	3%	Dietary Fiber 3g	11%	Total Sugars 4g		Includes 0g Added Sugars	0%	Protein 1g		Vitamin D 0mcg	0%	Calcium 27mg	2%	Iron 0mg	0%	Potassium 196mg	4%	<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>	
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ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																								
<input checked="" type="checkbox"/> Gluten Free <input type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision	Product of Belgium																																								

COOKING INSTRUCTIONS	
Stove Top	Bring 5 quarts of water to a boil on HIGH. Add one bag of frozen vegetables and cook for 10 minutes, stirring as needed.
Steamer	Arrange one bag of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.
Microwave (1100 Watts)	Place one bag of frozen vegetables in a microwave safe dish. Add ¼ cup of water and cover. Cook on HIGH for 20 minutes, stirring halfway through cook time.
To Serve Cold	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				<small>*Information may vary slightly by production facility</small>	
Gross Weight	16.50 LB	Case Cube (ft.³)*	0.53	Pallet TI / HI*	12 / 13
Outer Case Dimensions (L x W x H)*	15.5" x 10" x 5.95"		Shelf-Life	24 months	

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:

Kelsey Farley
Kelsey Farley
Research Technologist