



**Product Fact Sheet for
Schools and Child Care Institutions**

PRODUCT SPECIFICATION:	VEGETABLE / GREEN BEAN, FROZEN: Simplot Classic® Green Beans Whole / SKU 10071179181736: To be packed to U.S. Grade A Standard. PACK SIZE: 12/2 LB bags per case.
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NATIONAL SCHOOL MEAL PROGRAM YIELD AND CREDIT INFORMATION*

FBG: Beans, Green, frozen <i>Whole includes USDA Foods</i>	FBG Servings per LB	Servings per Bag	Servings per Case	Bags for 100 Servings
1.50 oz AP (frozen) provides one - ¼ cup serving of creditable vegetable	10.70	21.40	256.80	4.7
3.00 oz AP (frozen) provides one - ½ cup serving of creditable vegetable	5.35	10.70	128.40	9.4

Creditable Serving Size	Dark Green	Red/Orange	Starchy	Beans/Peas	Other	Additional	Meat Alt.
¼ cup					¼ cup		
½ cup					½ cup		
¾ cup					¾ cup		
1 cup					1 cup		

**Information above is provided for food, as purchased, using the USDA Food Buying Guide for Child Nutrition, January 2013 Update. Servings are approximate.*

NUTRITION INFORMATION	¼ cup	½ cup
Gram Weight (g)	43	85
Calories (kcal)	15	30
Calories from fat (kcal)	0	0
Fat (g)	0	0
Saturated Fat (g)	0	0
Trans Fat (g)	0	0
Cholesterol (mg)	0	0
Sodium (mg)	0	0
Potassium (mg)	80	160
Carbohydrates (g)	3	6
Dietary Fibers (g)	1	2
Total Sugars (g)	1	2
Protein (g)	1	1
Vitamin A (IU)	123.67	247.35
Vitamin C (mg)	1.8	3.6
Calcium (mg)	19.27	38.54
Iron (mg)	0.37	0.73

INGREDIENT STATEMENT:

Green Beans.

ALLERGEN INFORMATION:

N/A

FOOD SENSITIVITY INFORMATION:

Gluten-free. Vegan.

PREPARATION INSTRUCTIONS: *See packaging for additional preparation instructions.*

STEAMER:	Place vegetables in a full-size steam table pan. Do not add water or cover. Steam in preheated steamer for 4-5 minutes until product is heated thoroughly. Season and serve.
STOVETOP:	Bring ¾ cup water and frozen vegetables to a boil in a 3-quart sauce pan. Cover and reduce heat to Medium. Simmer for 7-9 minutes until product is tender and thoroughly heated. Season and serve.
TO SERVE COLD:	For food safety and quality, prepare vegetables as stated above then cool as rapidly as possible to refrigerated temperature. Do not overcook.

CASE PACK:

Dimensions (LxWxH):	19.375" x 12.375" x 8.25"	Pallet (TI/HI):	9 x 6
Shelf Life (days):	720 @ 0°F	Gross Weight (LB):	21.50

I certify that the above information is true and correct as of August 13, 2013.


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