



**Product Fact Sheet for
Schools and Child Care Institutions**

PRODUCT SPECIFICATION:	VEGETABLE / GREEN BEAN, FROZEN: Simplot Classic® Green Bean French Cut IQF / SKU 10071179180449. To be packed to U.S. Grade A Standard. PACK SIZE: 12/2 LB bags per case.
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NATIONAL SCHOOL MEAL PROGRAM YIELD AND CREDIT INFORMATION*

FBG: Beans, Green, frozen French Style Includes USDA Foods	FBG Servings per LB	Servings per Bag	Servings per Case	Bags for 100 Servings
1.34 oz AP (frozen) provides one - ¼ cup serving of creditable vegetable	12.00	24.00	288.00	4.2
2.67 oz AP (frozen) provides one - ½ cup serving of creditable vegetable	6.00	12.00	144.00	8.4

Creditable Serving Size	Dark Green	Red/Orange	Starchy	Beans/Peas	Other	Additional	Meat Alt.
¼ cup					¼ cup		
½ cup					½ cup		
¾ cup					¾ cup		
1 cup					1 cup		

**Information above is provided for food, as purchased, using the USDA Food Buying Guide for Child Nutrition, January 2013 Update. Servings are approximate.*

NUTRITION INFORMATION	¼ cup	½ cup
Gram Weight (g)	38	76
Calories (kcal)	15	25
Calories from fat (kcal)	0	0
Fat (g)	0	0
Saturated Fat (g)	0	0
Trans Fat (g)	0	0
Cholesterol (mg)	0	0
Sodium (mg)	0	0
Potassium (mg)	70	140
Carbohydrates (g)	3	5
Dietary Fibers (g)	1	2
Total Sugars (g)	1	1
Protein (g)	1	1
Vitamin A (IU)	110.48	220.14
Vitamin C (mg)	1.61	3.21
Calcium (mg)	17.21	34.30
Iron (mg)	0.33	0.65

INGREDIENT STATEMENT:

Green Beans.

ALLERGEN INFORMATION:

N/A

FOOD SENSITIVITY INFORMATION:

Gluten-free. Vegan.

PREPARATION INSTRUCTIONS: *See packaging for additional preparation instructions.*

STEAMER: Place vegetables in a half-size steam table pan. Do not add water or cover. Steam in preheated steamer for 5-6 minutes until product is heated thoroughly. Season and serve.

STOVETOP: Bring ¾ cup water and frozen vegetables to a boil in a 3-quart sauce pan. Cover and reduce heat to Medium. Simmer 7-9 minutes or until product is tender and heated thoroughly. Season and serve.

TO SERVE COLD: For food safety and quality, prepare vegetables as stated above then cool as rapidly as possible to refrigerated temperature. Do not overcook.

Dimensions (LxWxH):	15.875" x 11.8125" x 11.25"	Pallet (TI/HI):	10 x 6
Shelf Life (days):	720 @ 0°F	Gross Weight (LB):	25.50

I certify that the above information is true and correct as of August 13, 2013.

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