

## Cheerios(R), Bowlpak



The classic toasted whole grain oat, gluten-free cereal in ring-shaped pieces in a ready-to-eat bowl for convenient, portion control. Meets 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria, and is CACFP eligible.

Product Last Saved Date:11 December 2018

Solution of the second of the	96 Servings per container Serving Size 1 Bowl (28g) umount Per Serving	Code 16000-3226				GTIN		Pack	Pa	ck Description
Serving Size   1 Bowl (28g)     Immunit Per Serving   1000     Calories   1000     Statusted Fat   0.5 g     Statusted Fat   0.5 g     Total Fat   0 g     Cholesterol   0 mg   0 mg     Dietary Fiber   3 g   11 Multic Since   Contant Milestructure   Milestructure <th>Serving Size 1 Bowl (28g)</th> <th></th> <th>52</th> <th></th> <th></th> <th></th> <th></th> <th></th> <th></th> <th></th>	Serving Size 1 Bowl (28g)		52							
Summer versions   1000     Number versions   1000		В		264702	10	001600032262	29 96	6 X 1.00 ON	Z	
St Daily Valuer     Stopping Information     Length   Width   Height   Volume   TixHI   Shelf Life   Storage Temp Fro     Sodium   140 mg   6%   Stopping Information   Length   Width   Height   Volume   TixHI   Shelf Life   Storage Temp Fro     Dietary Fiber   3 g   Total Sugars   1 g   Infocuses   Stopping Information   More Gene Coston, Gene Coston, Sugar, Stopping Information   More Gene Coston, Gene Coston, Stopping Information     Utamin D   mg   10%   Mile Coston, Gene Coston, Stopping Information   More GeneCoston, Gene Coston, Gene Coston, Gene Costo	Calories $100$	B	Brand		Bra	Brand Owner		GPC Description		
Gross Weight   Net Weight   Country of Origin   Kosher   Child Nutr     Total Fat   2.g   3%   3%   9.8 LBR   6 LBR   USA   Yes   No     Saturated Fat   0.5 g   3%   7%   1		Ch	Cheerios(R) General Mills Inc.		с.	Cereals Products - Ready to Eat (Shelf Stable)				
Saturated Fat   0.5 g   3%     Trans Fat   0 g     Cholesterol   0 mg   0%     Sodium   140 mg   6%     Total Carbohydrate   20 g   7%     Dietary Fiber   3 g   11%     Total Sugars   1 g   16.75 INH   13 INH   18.62 INH   2.3464 FTQ   9x.5   312   32 FAH / 95 FAH     Dietary Fiber   3 g   11%   Total Sugars   1 g   Imcludes g   Added Sugars   %     Protein   3 g   10%   Stipping Information   Image: Salt, Tripotastum Phosphate, Vitamin E (mixed tocopherols) Added to Preserve Freshness, Vitamins and Mode Sugars   %     Protein   3 g   10%   Whee Grain Oats, Corn Starch, Sugar, Salt, Tripotastum Phosphate, Vitamin E (mixed tocopherols) Added to Preserve Freshness, Vitamin Bi (Mamin Model), Vitamin	% Daily Value*	Gross W	eight	Net We	ight	Cour	try of Or	igin	Kosher	Child Nutritior
Trans Fat   0 g     Cholesterol   O mg   O%     Shipping Information     Length   Width   Height   Shipping Information     Cholesterol   0 mg   0%     Solium   140 mg   Cholesterol   O mg   O%     Dietary Fiber   3 g   Tit   Total Sugars 1 g   Total Sugars 1 g   Total Sugars 1 g   Who of crain Oats, Cons Start, Fond assume Prosphate. Vitamin E (mixed uncopherols) Added to Preserve Freehness, Vitamines an Minerate: Calcum Cathorate, Ion and Zeinotate, Ion and Zeinot		9.8 LB	R	6 LBI	२		USA		Yes	No
Cholesterol   0 mg   0%     Sodium   140 mg   6%     Sodium   140 mg   6%     Total Carbohydrate   20 g   7%     Dietary Fiber   3 g   11%     Total Sugars   1 g   Includes g   Added Sugars   %     Protein   3 g   10%     Zalcium   0 mg   10%     Potassium   180 mg   5%     Protein 3 g   11%   Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tere 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info     Sogia Pairweit Name   5%   10%   Sogia Pairweit NI   11%   11%   Peanuts - NI     Soy - NI   Wheat - NI   TreeNuts - NI   Soy - NI   Wheat - NI   TreeNuts - NI	Saturated Fat 0.5 g 3%									
Socialum   140 mg   6%     Socialum   140 mg   6%     Total Carbohydrate   20 g   7%     Dietary Fiber   3 g   11%     Total Sugars   1 g   1   18.62 INH   2.3464 FTQ   9x 5   312   32 FAH / 95 FAH     Ingredients   Whole Grain Oats   Constant, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamin san and Znc (mineral nutrients), Vitamin C (sodium ascobate), A B Vitamin (folic acid), Vitamin B5 (pyridoxine hydrochioride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin B5 (pyridoxine hydrochioride), Vitamin B12, Vitamin B5 (pyridoxine hydrochioride), Vitamin B12, Vitamin B5 (pyridoxine hydrochioride), Vitamin A (palmitate), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin B5 (pyridoxine hydrochioride), Vitamin B12, Vita	<i>Tran</i> s Fat 0 g				Sł	hipping I	nformat	ion		
Total Carbohydrate   20 g   7%     Dietary Fiber   3 g   11%     Total Sugars   1 g     Includes   g   Added Sugars   %     Protein   3 g   10%     Vitamin D   mg   10%     Calcium   0 mg   10%     Iron   0 mg   10%     Potassium   180 mg   5%     The % Daily Values (DV) tells you how much a nutrient in a serving of cond contributes to a daily diet. 2,000 calories a day is used for general   50%	<b>Cholesterol</b> 0 mg <b>0%</b>	Length	Width	Heig	ht i	Volume	TIxHI	Shelf I	_ife Stora	ge Temp From/T
Ingredients :     Dietary Fiber 3 g   11%     Dietary Fiber 3 g   11%     Total Sugars 1 g   Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Catoronate, Iron add Zinc (mineral Tutients), Vitamin C (sodium ascorbate), A Vitamin B1 (Vitamin B1 (Vitamin B1 (Vitamin B2 (Pyridoxine Vitamin B1 (Vitamin B1 (Vitamin B1 (Vitamin B1 (Vitamin B2 (Pyridoxine Vitamin B1 (Vitamin B	<b>Sodium</b> 140 mg <b>6%</b>	16.75 INH	13 INH	18.62	INH 2	2.3464 FTQ	9x 5	312	3	2 FAH/ 95 FAH
Dietary Fiber   3 g   11%     Dietary Fiber   3 g   11%     Total Sugars   1 g     Includes   g   Added Sugars   %     Protein   3 g     Vitamin D   mg   10%     Calcium   0 mg   10%     Iron   0 mg   10%     Potassium   180 mg   5%     Potassium   180 mg   5%     The % Daily Values (DV) tells you how much a nutrient in a serving of occontributes to a daily diet. 2,000 calories a day is used for general   5%     Eggs - NI   Milk - NI   Peanuts - NI     Soy - NI   Wheat - NI   TreeNuts - NI	Total Carbohydrate 20 g <b>7%</b>									
Total Sugars   1 g     Includes   g   Added Sugars   %     Protein   3 g     Vitamin D   mg   10%     Calcium   0 mg   10%     Iron   0 mg   10%     Potassium   180 mg   5%     The % Daily Values (DV) tells you how much a nutrient in a serving of ood contributes to a daily diet. 2,000 calories a day is used for general   5%	Dietary Fiber 3 g	Whole Grain Oats,	Corn Starch, S	Sugar, Salt, Trip	otassium P	hosphate. Vitam	in E (mixed too	opherols) Add	ed to Preserve Fr	eshness.Vitamins and
Protein 3 g     Vitamin D mg   10%     Calcium 0 mg   10%     Iron 0 mg   45%     Potassium 180 mg   5%     'The % Daily Values (DV) tells you how much a nutrient in a serving of ocd contributes to a daily diet. 2,000 calories a day is used for general   Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Terming of Soy - NI     Milk - NI   Peanuts - NI     Soy - NI   Wheat - NI	Total Sugars 1 g	hydrochloride), Vita	min A (palmita	ate), Vitamin B1	(thiamin m	iononitrate), A B	Vitamin (folic a	cid), Vitamin E	12, Vitamin D3.	namin bo (pyndoxine
Vitamin D   mg   10%     Calcium   0 mg   10%     Iron   0 mg   45%     Potassium   180 mg   5%     The % Daily Values (DV) tells you how much a nutrient in a serving of ocd contributes to a daily diet. 2,000 calories a day is used for general   Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Terming of Soy - NI     Milk - NI   Peanuts - NI     Soy - NI   Wheat - NI	Includes g Added Sugars %									
Calcium 0 mg   10%     Iron 0 mg   45%     Potassium 180 mg   5%     *The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general   Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Termination of Soy - NI     Milk - NI   Peanuts - NI     Soy - NI   Wheat - NI	Protein 3 g									
Iron   0 mg   45%     Potassium   180 mg   5%     The % Daily Values (DV) tells you how much a nutrient in a serving of contributes to a daily diet. 2,000 calories a day is used for general   5%	Vitamin D mg 10%									
Potassium   180 mg   5%     *The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general   50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info     *The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general   Soy - NI   Milk - NI   Peanuts - NI	Calcium 0 mg 10%									
Potassium 180 mg 5%   Fine % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general Soy - NI Wheat - NI TreeNuts - NI	Iron 0 mg 45%									e From Not Tested
The % Daily Values (DV) tells you how much a nutrient in a serving of Soy - NI Wheat - NI TreeNuts - NI food contributes to a daily diet. 2,000 calories a day is used for general	Potassium 180 mg 5%		•		='Not D		•	ents' NI='l		anute NI
food contributes to a daily diet. 2,000 calories a day is used for general			80							
nutrition advice. Fish - NI Crustacean - NI	bod contributes to a daily diet. 2,000 calories a day is used for general utrition advice.		Fish - NI			Crustacean - NI				

Serving Suggestions :

Great for use in K-12 schools, hospital patient dining and retirement/longterm care facilities.

Prep & Cooking Suggestions :

Ready to eat dry cereal in a portable, easy-to-serve bowl.

More Information :

Printed on 11 December 2018

## Formulation Statement for Documenting Grains in School Meals Required Beginning SY 2013-2014 (Crediting Standards Based on Revised Exhibit A weight per oz equivalent)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

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Manufacturer: <u>General Mills, Inc.</u> Serving Size <u>1.0 OZ (28g)</u>

(raw dough weight may be used to calculate creditable grain amount)

**I. Does the product meet the Whole Grain-Rich Criteria:** Yes <u>X</u> No\_\_\_\_ (*Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program*.)

**II. Does the product contain non- creditable grains:** Yes\_\_No\_\_\_**How many grams:** 

(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.) Indicate which Exhibit A Group Indicate to which Exhibit A Group (A-I) the Product Belongs: I

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equivalent as listed in SP 30-2012 B	Creditable Amount A ÷ B
Ready to Eat Cereal	28g	28g	$28g \div 28g = 1.0$
Total Creditable Amount <sup>1</sup>			1.0

<sup>1</sup>Total Creditable Amount must be rounded *down* to the nearest quarter (0.25) oz eq. Do *not* round up.

Total weight (per portion) of product as purchased <u>1.0 OZ (28g)</u> Total contribution of product (per portion) <u>1.0</u> oz equivalent

I further certify that the above information is true and correct and that a 28g/1.0 ounce portion of this product (ready for serving) provides <u>1.0</u> oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

auh-ham Pham

Anh-Tram Pham, MPH, RD Labeling and Regulatory Compliance Specialist, K12 Education February 23, 2018