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## Products

### Ocean Treasures™ 1oz WG Crunchy Breaded Nuggets (1x10 lb) 418300

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<b>Manufacturer</b>	Trident Seafoods - Frozen
<b>Mfg Product Number</b>	418300
<b>Shipping Container UPC</b>	00028029183009
<b>Unit UPC</b>	NA
<b>Brand Name</b>	Trident®
<b>Bread Servings</b>	1.500
<b>Meat Equivalent</b>	2.000
<b>CN Number</b>	093056
<b>Servings Per Case</b>	40
<b>Serving Size</b>	4 pieces (4 oz)
<b>Kosher</b>	No



#### General Information

Whole Grain Breaded, Formed Portions, Slightly seasoned fun shapes for kid appeal. Par-Fried, Oven Ready, Child Nutritional Product.

#### Market Segment

Buffet, Business & Industry, Casinos, Casual Dining, Catering, Club Stores, Country Clubs, Cruise Lines, Extended Care, Family Style Dining, Fast Food, Fine Dining, Health Care, Hotel/Motel, Quick Service Restaurants, Schools, Universities & Colleges

#### Ingredients

67.04% FISH (ALASKA POLLOCK AND COD), 32.96% BATTER AND BREADING (WHOLE WHEAT FLOUR, VEGETABLE OIL [SOYBEAN AND/OR CANOLA], ENRICHED WHEAT FLOUR [FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, WHEAT GLUTEN, IODIZED SALT, SALT, SUGAR, YEAST, WHOLE YELLOW CORN FLOUR, SOY FLOUR, DEXTROSE, LEAVENING [BAKING SODA, SODIUM ALUMINUM PHOSPHATE], MONO AND DIGLYCERIDES, EXTRACTIVES OF PAPRIKA, SPICE EXTRACT, SPICE, WATER). CONTAINS FISH (ALASKA POLLOCK AND COD), WHEAT, SOY.

#### Thawing Instructions

Keep Frozen at 0 degrees F or Below. Designed to cook from frozen.

#### Preparation and Cooking Instructions

Cooking Instructions:\*

KEEP FROZEN UNTIL READY TO COOK. Thawing is not recommended – cook from frozen.

Conventional oven: Preheat to 425 degrees F. Place frozen product on lightly greased baking sheet, cook for 18 to 20 minutes until crisp.

Turn product halfway through bake time for best results.

Convection oven: Preheat to 375 degrees F. Place frozen product on lightly greased baking sheet, cook for 13 to 15 minutes until crisp. Turn product halfway through bake time for best results.

Deep Fry: Heat oil to 350 degrees F. Fry frozen product for 3 to 3½ minutes until product is golden brown.

Microwave cooking is not recommended.

\* Cooking times and temperatures may vary substantially. Internal temperature should be at least 165 degrees F. We strive to produce a fully "boneless" product. As with all fish, however, occasional bones may still be present.

#### Serving Suggestion

Good for dipping in sauces, Fish 'n Chips, Appetizers

#### Benefits

#### Nutrition Facts

Serving Size 4.0 PIECE, (113 g) 4 oz

Amount Per Serving	
<b>Calories</b>	210
	Calories from Fat 80
% Daily Value *	
<b>Total Fat</b> 9g	<b>14%</b>
<b>Saturated Fat</b> 2g	<b>10%</b>
<b>Trans Fat</b> 0g	
<b>Cholesterol</b> 45mg	<b>15%</b>
<b>Sodium</b> 350mg	<b>15%</b>
<b>Total Carbohydrate</b> 18g	<b>6%</b>
<b>Dietary Fiber</b> 2g	<b>8%</b>
<b>Sugar</b> 1g	
<b>Protein</b> 15g	
<b>Vitamin A</b> 0%	<b>Vitamin C</b> 0%
<b>Calcium</b> 2%	<b>Iron</b> 8%
<b>Omega 3</b> mg	

Whole-Grain Coated. Wild Caught, Breaded Portions, Ready To Cook From Your Freezer, No Prep, Portion Control, Delicious and Wholesome whole-grain breading. Fresh flavor and crunchy texture, you'll love all the menu versatility.

### Yield Portion

About 160

### Location / Availability

Available year-round.

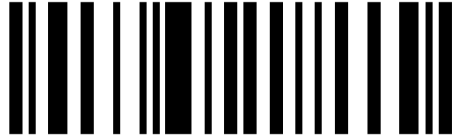
### Package Information

Package Description	10# Trident No Thaw
Type	IQF-Individually Quick Frozen
Pallet Quantity	84
Pallet Tiers	12
Pallet Height	7
Minimum Recommended Storage Temperature	0 F
Shelf Life	24 Months
<b>Master</b>	
Master Description	1 CASE
Unit Size	10 LB
Pack	1/10
Gross Weight	11.20 LB
Net Weight	10.00 LB
Height	15.00 IN
Width	10.00 IN
Length	6.25 IN
Volume	0.540 FT

### Species Information

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418300



FPO

# 1 oz. Crunchy Ocean Treasures™

Precooked Breaded Formed Fish Nuggets

LOT:

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Four precooked breaded fish nuggets (1.0 oz. each) provides 2.00 oz. equivalent meat and 1.50 ounce equivalent grain for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA, 06/2015.)

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**QUICK FROZEN - OVEN READY**

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**NET WT. 10LB. (4.54 kg)**

INGREDIENTS: 67.04% FISH (ALASKA POLLOCK AND COD), 32.96% BATTER AND BREADING (WHOLE WHEAT FLOUR, VEGETABLE OIL [SOYBEAN AND/OR CANOLA], ENRICHED WHEAT FLOUR [FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, WHEAT GLUTEN, IODIZED SALT, SALT, SUGAR, YEAST, WHOLE YELLOW CORN FLOUR, SOY FLOUR, DEXTROSE, LEAVENING [BAKING SODA, SODIUM ALUMINUM PHOSPHATE], MONO AND DIGLYCERIDES, EXTRACTIVES OF PAPRIKA, SPICE EXTRACT, SPICE, WATER). CONTAINS FISH (ALASKA POLLOCK AND COD), WHEAT, SOY.

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