

## Apple Cinnamon Cheerios(R) Cereal Bar



1 OZ EQ GRAIN. Meets USDA Whole Grain-Rich Criteria. Whole Grain Oats - First Ingredient. A chewy cereal bar made with Apple Cinnamon Cheerios? pieces. 150 calories. No artificial sweeteners.

Product Last Saved Date:14 October 2018

# **Nutrition Facts**

96 Servings per container

Serving Size

1 Bar (40g)

# Amount Per Serving Calories

**150** 

		% Dai	ly Value*
Total Fat 3.5	5 g		5%
Saturated Fat	0 g		0%
Trans Fat	0 g		
Cholesterol	0 mg		0%
<b>Sodium</b> 95 n	ng		4%
Total Carbohyd	rate	30 g	10%
Dietary Fiber	3 g		13%
Total Sugars	9 g		
Includes	g	Added Sugars	%
Protein 2 g			
Vitamin D mg			0%
Calcium 0 mg			20%
Iron 0 mg			8%
			%

#### **Product Specifications:**

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
16000-31911	265881	10016000319117	96 X 1 ONZ	

Brand	Brand Owner	GPC Description	
Apple Cinnamon Cheerios(R)	General Mills Inc.	Cereal/Muesli Bars	

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.45 LBR	8.52 LBR	USA	Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TixHi	Shelf Life	Storage Temp From/To
17.87 INH	12.25 INH	6.37 INH	0.807 FTQ	8x 7	248	32 FAH / 95 FAH

#### Ingredients:

Whole Grain Oats, Corn Syrup, Sugar, Canola Oil, Fructose, Whole Wheat Flour, Brown Rice Flour, Chicory Root Extract, Whole Corn Flour, Dried Diced Apples, Maltodextrin. Contains 2% or less of: Wheat Starch, Vegetable Glycerin, Calcium Carbonate, Salt, Corn Starch, Oat Bran, Cinnamon, Apple Puree Concentrate, Caramel Color, Brown Sugar Syrup, Baking Soda, Trisodium Phosphate, Sodium Citrate, Zinc and Iron (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Natural Flavor, Soy Lecithin, Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3, Mixed Tocopherols Added to Retain Freshness.

CONTAINS WHEAT AND SOY INGREDIENTS.

# Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - NI	Milk - NI	Peanuts - NI
Soy - C	Wheat - C	TreeNuts - NI
Fish - NI	Crustacean - NI	

#### **Handling Suggestions:**

Store in cool dry location

nutrition advice.

#### Benefits:

<sup>1</sup> 1 OZ EQ GRAIN. Meets USDA Whole Grain-Rich Criteria. Whole Grain Oats - First Ingredient. A chewy cereal bar made with Apple Cinnamon Cheerios? pieces. 150 calories. No artificial sweeteners.

#### Serving Suggestions :

Great as a ready-to-serve snack

#### **Prep & Cooking Suggestions:**

Ready to eat cereal bars

## More Information :



GENERAL MILLS

### Formulation Statement for Documenting Grains in School Meals Required Beginning SY 2013-2014

(Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: <u>Apple Cinnamon Cheerios® Cereal Bar</u>	Code No.: 16000-31911
Manufacturer: General Mills, Inc.	Serving Size 1.42 OZ (40g)  (raw dough weight may be used to calculate creditable grain amount)
I. Does the product meet the Whole Grain-Rich Criteria:	Yes <u>X</u> No
(Refer to SP 30-2012 Grain Requirements for the National S	chool Lunch Program and School Breakfast Program.)
<b>II. Does the product contain non- creditable grains:</b> Yes_(Products with more than 0.24 oz equivalent or 3.99 grams for grains may not credit towards the grain requirements for sch	for Groups A-G or 6.99 grams for Group H of non-creditable

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into

**Groups A-G, Group H or Group I.** (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq; Group H uses the standard of 28grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate to which Exhibit A Group (A-I) the Product Belongs: D

Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion <sup>1</sup> A	Gram Standard of Creditable Grain per oz equivalent (16g or 28g) <sup>2</sup> B	Creditable Amount A ÷ B
Whole Grain Oats, Whole Wheat Flour, Brown Rice Flour, Whole Corn Flour	18g	16g	$18g \div 16g = 1.12$
Total Creditable Amount <sup>3</sup>	1.0		

<sup>\*</sup>Creditable grains are whole-grain meal/flour and enriched meal/flour.

Total weight (per portion) of product as purchased <u>1.42 OZ (40g)</u>

Total contribution of product (per portion) 1.00 oz equivalent

I certify that the above information is true and correct and that a (40g) 1.42 ounce portion of this product (ready for serving) provides 1.00 oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

anh-tram Phan

Anh-Tram Pham, MPH, RD Labeling and Regulatory Compliance Specialist, K12 Education February 23, 2018

<sup>&</sup>lt;sup>1</sup>(Serving size) X (% of creditable grain in formula). Please be aware serving size other than grams must be converted to grams.

<sup>&</sup>lt;sup>2</sup>Standard grams of creditable grains from the corresponding Group in Exhibit A.

<sup>&</sup>lt;sup>3</sup>Total Creditable Amount must be rounded *down* to the nearest quarter (0.25) oz eq. Do *not* round up.