



Golden Grahams(R), Cereal Bar



1 OZ EQ GRAIN. Meets USDA Whole Grain-Rich Criteria. Whole Grain Oats - First Ingredient. A chewy cereal bar made with Golden Grahams? pieces. 150 calories. No artificial sweeteners.

Product Last Saved Date:14 October 2018

Nutrition Facts

96 Servings per container

Serving Size 1 Bar (40g)

Amount Per Serving

Calories 150

% Daily Value*

Total Fat 3 g 5%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 110 mg 4%

Total Carbohydrate 30 g 10%

Dietary Fiber 3 g 10%

Total Sugars 9 g

Includes g Added Sugars %

Protein 2 g

Vitamin D mg 0%

Calcium 0 mg 20%

Iron 0 mg 8%

Potassium mg %

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
16000-31913	265921	10016000319131	96 X 1 ONZ	

Brand	Brand Owner	GPC Description
Golden Grahams(R)	General Mills Inc.	Cereal/Muesli Bars

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.45 LBR	8.52 LBR	USA	Undeclared	No

Shipping Information

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.87 INH	12.25 INH	6.37 INH	0.807 FTQ	8x 7	248	32 FAH / 95 FAH

Ingredients :

Whole Grain Oats, Corn Syrup, Sugar, Whole Grain Wheat, Canola Oil, Fructose, Brown Rice Flour, Marshmallows (sugar, corn syrup, modified corn starch, water, gelatin, natural flavor, sodium phosphate), Corn Meal, Chicory Root Extract, Maltodextrin. Contains 2% or less of: Vegetable Glycerin, Calcium Carbonate, Whole Corn Flour, Wheat Starch, Corn Flour, Salt, Brown Sugar Syrup, Dextrose, Modified Wheat Starch, Baking Soda, Cocoa Processed with Alkali, Caramel Color, Natural Flavor, Zinc and Iron (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Soy Lecithin, Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3. CONTAINS WHEAT AND SOY INGREDIENTS.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - NI	Milk - NI	Peanuts - NI
Soy - C	Wheat - C	TreeNuts - NI
Fish - NI	Crustacean - NI	

Handling Suggestions :

Store in cool dry location

Benefits :

1 OZ EQ GRAIN. Meets USDA Whole Grain-Rich Criteria. Whole Grain Oats - First Ingredient. A chewy cereal bar made with Golden Grahams? pieces. 150 calories. No artificial sweeteners.

Serving Suggestions :

Great as a ready-to-serve snack

Prep & Cooking Suggestions :

Ready to eat cereal bars

More Information :



Formulation Statement for Documenting Grains in School Meals

Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals. (Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Golden Grahams® Cereal Bar Code No.: 16000-31913

Manufacturer: General Mills, Inc. Serving Size 1.42 OZ (40g) (raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes [X] No [] (Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes [X] No [] How many grams: <3.99g (Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G, Group H or Group I. (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq; Group H uses the standard of 28grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate to which Exhibit A Group (A-I) the Product Belongs: E

Table with 4 columns: Description of Creditable Grain Ingredient*, Grams of Creditable Grain Ingredient per Portion A, Gram Standard of Creditable Grain per oz equivalent (16g or 28g) B, Creditable Amount A ÷ B. Row 1: Whole Grain Oats, Whole Grain Wheat, Brown Rice Flour, Whole Corn Flour | 18g | 16g | 18g ÷ 16g = 1.12. Row 2: Total Creditable Amount³ | 1.0

*Creditable grains are whole-grain meal/flour and enriched meal/flour. ¹(Serving size) X (% of creditable grain in formula). Please be aware serving size other than grams must be converted to grams. ²Standard grams of creditable grains from the corresponding Group in Exhibit A. ³Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased 1.42 OZ (40g) Total contribution of product (per portion) 1.00 oz equivalent

I certify that the above information is true and correct and that a (40g) 1.42 ounce portion of this product (ready for serving) provides 1.0 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of noncreditable grains may not credit towards the grain requirements for school meals.

Anh-Tram Pham Anh-Tram Pham, MPH, RD Labeling and Regulatory Compliance Specialist, K12 Education February 26, 2018