

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	VEGETABLE / SPINACH, FROZEN: 10071179916635 Simplot Classic® IQF ½" Chopped Spinach, 1/20 LB. To be packed to U.S. Grade A Standard.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
5.72 oz.	½ cup cooked, drained vegetable	n/a	55.94

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Spinach, frozen Chopped	Dark Green	5.72	x	5.60 / 16	2.00
Each 5.72 ounce serving of the product above contains 1/2 cup Dark Green vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																		
Spinach.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td colspan="2">Serving Size 5.72 oz (162g)</td> </tr> <tr> <td colspan="2">Amount Per Serving</td> </tr> <tr> <td>Calories 60</td> <td>Calories from Fat 0</td> </tr> <tr> <td colspan="2" style="text-align: right;">% Daily Value*</td> </tr> <tr> <td>Total Fat 0g</td> <td>0%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 240mg</td> <td>10%</td> </tr> <tr> <td>Total Carbohydrate 7g</td> <td>2%</td> </tr> <tr> <td>Dietary Fiber 2g</td> <td>8%</td> </tr> <tr> <td>Sugars 0g</td> <td></td> </tr> <tr> <td>Protein 4g</td> <td></td> </tr> <tr> <td>Vitamin A 100%</td> <td>Vitamin C 4%</td> </tr> <tr> <td>Calcium 15%</td> <td>Iron 8%</td> </tr> <tr> <td colspan="2"><small>*Percent Daily Values are based on a 2,000 calorie diet.</small></td> </tr> </table>	Nutrition Facts		Serving Size 5.72 oz (162g)		Amount Per Serving		Calories 60	Calories from Fat 0	% Daily Value*		Total Fat 0g	0%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 240mg	10%	Total Carbohydrate 7g	2%	Dietary Fiber 2g	8%	Sugars 0g		Protein 4g		Vitamin A 100%	Vitamin C 4%	Calcium 15%	Iron 8%	<small>*Percent Daily Values are based on a 2,000 calorie diet.</small>	
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ALLERGENS PRESENT																																			
<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish																																			
ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																		
<input checked="" type="checkbox"/> Gluten Free <input type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input checked="" type="checkbox"/> Meets Buy America Provision	Product of USA																																		

COOKING INSTRUCTIONS	
Stove Top	Bring 4 quarts of water to a boil in a 7-quart pot. Add 1 pound of frozen spinach to boiling water. Boil for 2¼ minutes. Stir occasionally.
Steamer	Arrange 1 pound of frozen spinach in a half-size slotted steam table pan. Steam product for 2¼ minutes.
Microwave (1100 Watt)	Place spinach and 1 tablespoon water in a microwave dish. Cover. Microwave for 2¼ minutes. Stir half way through cook time.
To Serve Cold	For food safety and quality, prepare spinach as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				<small>*Information may vary slightly by production facility</small>	
Gross Weight	21.50	Case Cube (ft. ³)*	0.96	Pallet TI / HI*	10 / 5
Outer Case Dimensions (L x W x H)*	17.125" x 10.375" x 9.375"		Shelf-Life	24 months	

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:

Kelsey Farley
Kelsey Farley
Research Technologist