



Item #22G

Baked Potato Skins

Brand: Skin-On Products

Cut Size: Approx. 12-13 ct./lb.

Package Size: 200CT

Made from premium Russet potatoes, Lamb's Baked Potato Skins are easily prepared in the fryer or the oven and have minimal oil absorption and breakage. Great appetizer item that can be filled with cheese, bacon or mashed for twice baked potatoes. AVAILABLE IN SELECT MARKETS - EXCLUDING EUROPE.

Ingredients

Idaho® Potatoes.
Allergens: NONE
Grade: A (FANCY FROM WHOLE POTATOES-REGULAR)
Kosher: No
Country of Origin: USA
Shelf Life: 720 days
SCC Code: 10044979022073
Item Number: 22G

NUTRITION

Serving Size: 3 oz (84g/2 - 3 skins)
Servings per container: About 91
Calories [per serving]: 90.0
Calories from fat: 0.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	0.0g	0.0%
Saturated Fat	0.0g	0.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	20.0mg	1.0%
Potassium	400.0mg	11.0%
Total Carbohydrate	21.0g	7.0%
Dietary Fiber	2.0g	8.0%
Sugars	less than 1 g	
Protein	2.0g	
Vitamin A		0%
Vitamin C		20%
Calcium		0%
Iron		6%

COOKING METHODS

Method	Time	Temperature	Additional Instructions
Convection Oven	10 - 15 min	400°F	
Conventional Oven	20 - 25 min	400°F	
Deep Fry	3 1/4 - 3 1/2 min	345 - 350°F	

SHIPPING & STORAGE

Shipping Information		Product Information	
Net Weight	15.0000	Grade	A (FANCY FROM WHOLE POTATOES-REGULAR)
Gross Weight	17.0000	Country of Origin	USA
Count Per Pound	12-14	Kosher Status	No
Case Cube	0.93	Shelf Life	720 days
Ti/Hi	6,16		

Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.