



ULTIMATE FISH STICK 1OZ ALL NATURAL WHOLE GRAIN BREADED OVEN READY FROZEN

WHOLE GRAIN BREADED POLLOCK ULTIMATE FISH STICKS-ALL NATURAL TRIDENT SEAFOODS' LINE OF WHOLE GRAIN BREADED AND UNBREADED ALASKA POLLOCK ITEMS ALLOW YOU TO MEET CHANGING NSLP CHILD NUTRITION GUIDELINES WHILE CONTINUING TO PROVIDE THE SAME GREAT TASTING PRODUCTS YOUR STUDENTS HAVE ALWAYS LOVED. ALL NATURAL, SUSTAINABLY HARVESTED AND COATED WITH CRISPY WHOLE GRAIN CRUMB OR POTATO CRUST, TRIDENT CHILD NUTRITION PRODUCTS ALLOW



Product Last Saved Date:14 June 2018

Nutrition Facts

40 Servings per container

Serving Size 4 PIECES (113 g)

Amount Per Serving
Calories 200

% Daily Value*

Total Fat 9 g 14%

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

Cholesterol 40 mg 13%

Sodium 310 mg 13%

Total Carbohydrate 17 g 6%

Dietary Fiber 1 g **4%**

Total Sugars 1 g

Includes g Added Sugars %

Protein 14 g

Vitamin D mg %

Calcium 10.2 mg 2%

Iron 0.55 mg 4%

Potassium mg %

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
418301	272231	00028029183016	1 X 10 LBR	1x4.54kg case

Brand	Brand Owner	GPC Description
Trident Seafoods	Trident Seafoods Corp.	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.5 LBR	10 LBR	USA	Undeclared	Yes

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15 INH	9.938 INH	6.25 INH	.5392 FTQ	12x 7	730	-10 FAH / 0 FAH

Ingredients :

65.00% FISH (ALASKA POLLOCK), 35.00% BATTER & BREADING (WATER, WHOLE WHEAT FLOUR, CORN STARCH, ENRICHED FLOUR [WHEAT, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE GRAIN YELLOW CORN FLOUR, ENRICHED WHOLE WHEAT FLOUR [WHOLE WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], TAPIOCA STARCH, SALT, WHEAT GLUTEN, ONION POWDER, SUGAR, DEHYDRATED TOMATO, PALM OIL, LEAVENING [CREAM OF TARTAR, SODIUM BICARBONATE], DEHYDRATED RED BELL PEPPER, GARLIC POWDER, YEAST, NATURAL FLAVORS, SPICES, DEHYDRATED GREEN BELL PEPPER, MALTED BARLEY FLOUR, ASCORBIC ACID [ADDED AS A DOUGH CONDITIONER]), PARFRIED IN SOYBEAN AND/OR CANOLA OIL. CONTAINS FISH (ALASKA POLLOCK), WHEAT.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - N	Milk - N	Peanuts - N
Soy - MC	Wheat - C	TreeNuts - N
Fish - C	Crustacean - N	

Handling Suggestions :

KEEP FROZEN BELOW 0°F UNTIL READY TO USE.

Benefits :

ONCE FROZEN GENUINE ALASKA POLLOCK. NSLP COMPLIANT WHOLE GRAIN BREADING. USDA COMMODITY APPROVED OPTIONS.

Serving Suggestions :

GREAT PLAIN OR SERVED WITH YOUR FAVORITE SAUCES. WORKS WELL WITH NEARLY ANY SIDE-DISH. TEMPTING FISH TACOS OR DELICIOUS SEAFOOD WRAPS

Prep & Cooking Suggestions :

COOK FROM FROZEN.; FOR ADDED CRISPNESS, COOK SLIGHTLY LONGER; CONVECTION OVEN : BAKE AT 400° F. FOR 9 TO 11 MINUTES.; CONVENTIONAL OVEN : 475° F. FOR 11 - 13 MINUTES ; COOKING TIME AND TEMPERATURE MAY VARY WITH EQUIPMENT. * COOKING TIMES AND TEMPERATURES MAY VARY SUBSTANTIALLY. INTERNAL TEMPERATURE SHOULD BE AT LEAST 165°F. WE STRIVE TO PRODUCE A FULLY "BONELESS" PRODUCT. AS WITH ALL FISH, HOWEVER, OCCASIONAL BONES MAY STILL BE PRESENT.

More Information :

WEBSITE: FOR MORE INFORMATION TRIDENT SEAFOODS CORP. 5303 SHILSHOLE AVE NW, SEATTLE, WA 98107-4000 TELEPHONE 866-413-4749 WWW.TRIDENTSEAFOODS.COM

CHILD NUTRITION

Premium Quality, once-frozen Wild Alaska Pollock

Hot & Spicy
Wild Alaska
Pollock Sandwich

- 100% "BUY AMERICAN" COMPLIANT
- ABUNDANT & SUSTAINABLE WILD ALASKA POLLOCK
- 100% SUBSTITUTABLE COMMODITY PRODUCTS
- USDA COMMODITY APPROVED OPTIONS



3.6oz. Hot & Spicy Wild Alaska Pollock Sandwich



1 oz. Potato Encrusted Wild Alaska Pollock Sticks



PRODUCTS THAT MEET ALL YOUR NEEDS

100% "Buy American" compliant, Trident Seafoods' line of whole-grain breaded and unbreaded Wild Alaska Pollock items allow you to meet changing NSLP Child Nutrition Guidelines while continuing to provide the same great-tasting products your students have always loved.

All natural, sustainably harvested, and coated with crispy whole-grain or potato crust, Trident's Child Nutrition products keep you ahead of the curve – easily and affordably.

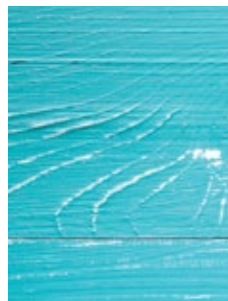
2.8oz. Wild Alaska Pollock Burger



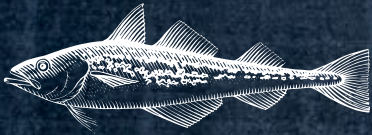
3.6 oz. Breaded Wild Alaska Pollock Hoagie



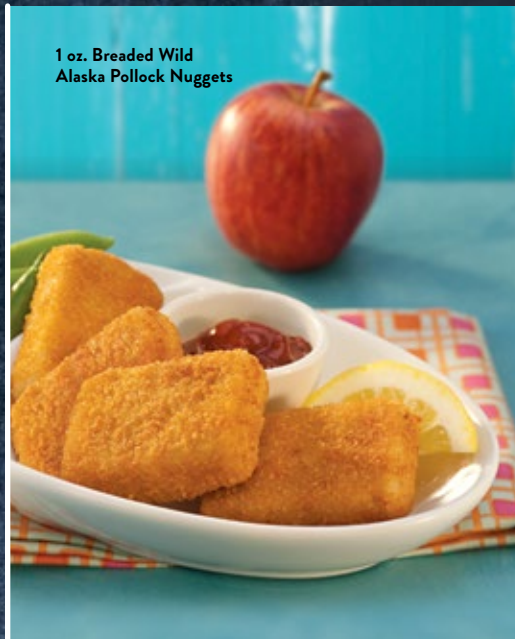
2.6 oz. Unbreaded Wild Alaska Pollock Portion



MEET COD'S DELICIOUS COUSIN



WILD ALASKA POLLOCK IS A MEMBER OF THE COD FAMILY, WITH A SIMILAR FLAVOR, TEXTURE, AND APPEARANCE



1 oz. Breaded Wild Alaska Pollock Nuggets

WILD ALASKA POLLOCK



IS THE MOST ABUNDANT CERTIFIED-SUSTAINABLE WILD FISH IN THE WORLD



1.0 oz. All Natural Ultimate Fishstick™



1 oz. Breaded Ocean Treasures™



WILD ALASKA POLLOCK HAS A LOWER CARBON FOOTPRINT



THAN BEEF, CHICKEN, PORK, AND MOST OTHER LAND-BASED PROTEINS



4.0 oz. Breaded Wild Alaska Pollock Portion

WILD ALASKA POLLOCK IS AN EXTRA-LEAN PROTEIN

THAT IS NATURALLY LOW IN SATURATED FAT AND CHOLESTEROL

IT IS ALSO A NATURAL SOURCE OF OMEGA-3 FATTY ACIDS AND HIGH IN VITAMIN B12



HEALTHY SEAFOOD, HEALTHY KIDS

Trident Seafoods' line of whole-grain breaded and unbreaded Wild Alaska Pollock items allow you to meet changing NSLP Child Nutrition guidelines while continuing to provide the same great-tasting products your students have always loved. All natural, sustainably harvested and coated with crispy whole-grain crumb or potato crust, Trident Child Nutrition products allow you to be ahead of the curve — easily and affordably.

For more information including recipes and ingredient statements, please visit tridentseafoods.com



GENUINE ALASKA POLLOCK PRODUCERS: THE WORLD'S BEST WILD SEAFOOD FROM A SUSTAINABLY MANAGED FISHERY

Trident Seafoods is dedicated to the healthy future of America's school nutrition programs. That's why we continue to offer new and exciting products in our Child Nutrition line of premium, once-frozen Wild Alaska Pollock items. The Genuine Alaska Pollock Producers logo (www.alaskapollock.org) — together with Trident's own "source

to plate" traceability system — is your assurance that the seafood we offer schools has been wild-caught sustainably by a modern U.S. fishing vessel in the pristine waters off Alaska. The GAPP logo also guarantees that the portions you buy from Trident are processed at their peak of freshness and "once frozen" to maintain their mild flavor and natural flaky texture.



ALASKA POLLOCK: THE HEALTHY NEW COMMODITY OPTION

Wild Alaska Pollock is available to schools through the USDA Food Program, and Trident Seafoods is leading the way with a selection of qualifying products in a wide variety of popular formats.

Serve seafood affordably with our premium line of whole grain breaded and unbreaded Child Nutrition items that already meet or exceed the USDA guidelines. Ask your distributor today — many of your longtime favorites are eligible for commodity processing.

PACK INFORMATION

ITEM #	DESCRIPTION	MEAT EQUIVALENT	BREAD SERVINGS	PACK SIZE	APPROX. PIECES PER CASE	SERVINGS PER CASE	GTIN #
418300	WG BRD 1.0 OZ WILD ALASKA POLLOCK OCEAN TREASURES™	2.00	1.50	1/10	160	40	0 00 28029 18300 9
418319	WG BRD 1.0 OZ WILD ALASKA POLLOCK HIDDEN TREASURES (W/CHEESE)	2.00	1.50	1/10	160	40	0 00 28029 18319 1
418305	WG BRD 1.0 OZ WILD ALASKA POLLOCK NUGGET*	2.00	1.50	1/10	160	40	0 00 28029 18305 4
427203	WG BRD 1.0 OZ WILD ALASKA POLLOCK STICK*	2.00	1.50	1/10	160	40	0 00 28029 27203 1
418301	WG BRD 1.0 OZ WILD ALASKA POLLOCK ALL-NATURAL ULTIMATE™ FISH STICK	2.00	1.50	1/10	160	40	0 00 28029 18301 6
418304	WG BRD 1.0 OZ WILD ALASKA POLLOCK BAJA FISH STICK*	2.00	1.25	1/10	160	40	0 00 28029 18304 7
422071	WG BRD 1.0 OZ POTATO COATED WILD ALASKA POLLOCK STICK*	2.00	0.75	1/10	160	40	0 00 28029 22071 1
418303	WG BRD 1.5 OZ CORNMEAL WILD ALASKA POLLOCK STRIP*	2.00	1.50	1/10	106	35	0 00 28029 18303 0
418317	WG BRD 3.0 OZ WILD ALASKA POLLOCK PORTION*	1.50	1.00	1/10	53	53	0 00 28029 18317 7
425226	WG BRD 3.6 OZ SPICY WILD ALASKA POLLOCK PORTION*	2.00	1.00	1/10	44	44	0 00 28029 25226 2
418302	WG BRD 3.6 OZ WILD ALASKA POLLOCK PORTION*	2.00	1.00	1/10	44	44	0 00 28029 18302 3
418320	WG BRD 3.6 OZ WILD ALASKA POLLOCK WEDGE*	2.00	1.00	1/10	44	44	0 00 28029 18320 7
422072	WG BRD 3.6 OZ POTATO COATED WILD ALASKA POLLOCK WEDGE*	2.00	0.50	1/10	44	44	0 00 28029 22072 8
418318	WG BRD 3.6 OZ WILD ALASKA POLLOCK HOAGIE*	2.00	1.00	1/10	44	44	0 00 28029 18318 4
418321	WG BRD 4.0 OZ WILD ALASKA POLLOCK PORTION*	2.00	1.25	1/10	40	40	0 00 28029 18321 4
418306	WG 4.0 OZ BATTERED WILD ALASKA POLLOCK WEDGE*	2.00	1.00	1/10	40	40	0 00 28029 18306 1
417450	2.6 OZ UNBREADED WILD ALASKA POLLOCK SERPENTINE CUT PORTION*	2.00	0.00	1/10	61	61	0 00 28029 17450 2
422147	2.8 OZ UNBREADED WILD ALASKA POLLOCK BURGER*	1.75	0.00	1/10	57	57	0 00 28029 22147 3

* INDICATES USDA COMMODITY PROGRAM ELIGIBLE PRODUCT.



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The Ultimate Fish Stick

1.0 oz Crunchy Breaded Fish Sticks

Made From Deep Skinned Alaska Pollock

418301



EST.NO. 391#

Four precooked breaded fish sticks (1.0 oz. each) provide 2.00 oz. equivalent meat and 1.50 ounce equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA, 00/0000)

COOKING INSTRUCTIONS - COOK FROM FROZEN.
 CONVECTION OVEN : 400 DEGREES F. FOR 9 - 11 MINUTES.
 CONVENTIONAL OVEN : 475 DEGREES F. FOR 11-13 MINUTES.
 DEEP FRY : 350 DEGREES F. FOR 2.5 TO 3 MINUTES.
 COOKING TIME AND TEMPERATURE MAY VARY WITH EQUIPMENT. FOR ADDED CRISPNESS, COOK SLIGHTLY LONGER.

NET WT. 10 LB. (4.54 kg)

TRIDENT SEAFOODS CORP., 5303 SHILSHOLE AVE NW SEATTLE, WA 98107

LOT: AYJJJJLW



INGREDIENTS: 65.00% FISH (ALASKA POLLOCK), 35.00% BATTER & BREADING (WHOLE WHEAT FLOUR, VEGETABLE OIL [SOYBEAN AND/OR CANOLA], ENRICHED WHEAT FLOUR [FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE YELLOW CORN MEAL, WATER, ENRICHED RICE FLOUR [RICE FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], CONTAINS 2% OR LESS OF: SALT, WHEAT GLUTEN, SUGAR, YEAST, PALM OIL, ONION POWDER, GARLIC POWDER, TAPIOCA STARCH, LEAVENING [CREAM OF TARTER, BAKING SODA], TOMATO POWDER, MALTED BARLEY FLOUR, DEHYDRATED RED BELL PEPPER, CORN STARCH, AUTOLYZED YEAST, SPICES, ASCORBIC ACID [ADDED AS A DOUGH CONDITIONER], DEHYDRATED GREEN BELL PEPPER, DEHYDRATED TOMATO, WHOLE MALTED BARLEY FLOUR).

CONTAINS FISH (ALASKA POLLOCK), WHEAT

QUICK FROZEN - OVEN READY
 PROCESSED IN THE U.S.A. CFN/FE# ##### 391-



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