



McCain® HARVEST SPLENDOR™ SWEET POTATO STRAIGHT CUT FRENCH FRIES
USDA School Lunch Meal Planning Nutrition Facts
MCF03725

NUTRITION FACTS			
Serving Size 3.10 oz. (88g) FROZEN *			
Amount per Serving			
Calories 170		Calories from Fat 60	
% Daily Value*			
Total Fat 7g			11%
Saturated Fat 1g			5%
Trans Fat 0g			
Polyunsaturated Fat 3g			
Monounsaturated Fat 3g			
Cholesterol 0mg			0%
Sodium 230mg			10%
Potassium 270mg			8%
Total Carbohydrate 25g			8%
Dietary Fiber 2g			8%
Sugars 8g			
Protein 1g			
Vitamin A 100%		Vitamin C 10%	
Calcium 2%		Iron 2%	

INGREDIENTS: Sweet Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Corn Starch - Modified, Potato Starch - Modified. Contains 2% or less of Dextrin, Extractives of Paprika and Turmeric (color), Fiber (Pea, Corn), Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Molasses Powder (Refiners Syrup, Molasses), Rice Flour, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color, Sugar, Xanthan Gum.

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 3.10 oz of sweet potato straight cut fries.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Mar. 2016 Update)			
Product: Potatoes, Sweet, Fries, Frozen, Straight Cut (Page 2, Entry 6)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	11.5	1/4 cup cooked vegetable	8.7

McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
2.5 Pounds	12.74	1/2 cup cooked vegetable	7.85

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
15 Pounds (6 Bags per Case)	76.47	1/2 cup cooked vegetable	1.31

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces/ raw portion of creditable ingredient	multiply	FBG yield /servings /unit	Creditable Amount**
Potato French Fries, frozen	2.79oz by weight	X	11.5/16	2.000
A. Total Creditable Amount				2.000

**Creditable amount-multiply ounces per raw portion of creditable ingredient by the FBG yield information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter cup to cup conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cup	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

9/21/2017
Date

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