

The Original Steak-EZE® BreakAway® Sirloin Beefsteak



Item #: 1150-001 **Pieces Per Case:** 38 **Piece Size (oz.):** 5.00 **Case Weight (lb.):** 12.00

Product Source: ROSS

Description: The original hand-trimmed Midwestern sirloin BreakAway beefsteak.

Technical Label Name: Sliced and Shaped Beef Sirloin Steak

Packaging Type: BULK-LINER

Master Case UPC Code: 00793577011509

Master Case Length: 15.62500

Master Case Width: 10.37500

Master Case Height: 4.25000

Master Case Cube: 0.39870

Cases/Layer: 10

Cases/Pallet: 100

Layers/Pallet: 10

Package UPC Code: 793577011509

Frozen Shelf Life (days): 270

Refrigerated Shelf Life (days): 0

Preparation Method:

Flat Grill: Preheat to 350 degrees F. Place frozen beef on grill. After the portion has cooked through about half its thickness, flip the portion once. As the meat slices begin to cook, separate them with a spatula and add any desired seasonings. Beef should have an evenly brown appearance when completely cooked.

Ingredient Statement: INGREDIENTS: Beef

Nutrition Facts:

Serving Size: 5.00 OZ (140 g)
Servings Per Container: 38

Calories / Calories from Fat: 350 / 230

% Daily Value **

| | | |
|--------------------|-------|-----|
| Total Fat | 26 g | 40% |
| Saturated Fat | 10 g | 50% |
| Trans Fat | 0 g | |
| Cholesterol | 95 mg | 32% |
| Sodium | 90 mg | 4% |
| Total Carbohydrate | 0 g | 0% |
| Dietary Fiber | 0 g | 0% |
| Sugars | 0 g | |
| Protein | 27 g | |
| Vitamin A | | 0% |
| Vitamin C | | 0% |
| Calcium | | 0% |
| Iron | | 15% |

** Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

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Nutritional Data:

| Name | UoM | Per Serving | Per 100g |
|--------------------|------|-------------|----------|
| Calcium | mg | 7.7 | 5.5 |
| Calories | kcal | 346.6 | 247.6 |
| Calories from Fat | kcal | 230.0 | 164.3 |
| Cholesterol | mg | 93.3 | 66.6 |
| Dietary Fiber | g | 0.0 | 0.0 |
| Iron | mg | 2.4 | 1.7 |
| Protein | g | 27.2 | 19.4 |
| Saturated Fat | g | 10.4 | 7.4 |
| Serving Size | g | 140.0 | 100.0 |
| Sodium | mg | 89.5 | 63.9 |
| Sugars | g | 0.0 | 0.0 |
| Total Carbohydrate | g | 0.0 | 0.0 |
| Total Fat | g | 25.5 | 18.2 |
| Trans Fat | g | 0.3 | 0.2 |
| Vitamin A | IU | 0.0 | 0.0 |
| Vitamin C | mg | 0.0 | 0.0 |