YOGURT ASSORTED STRAWBERRY/PEACH LIGHT & FIT NON FAT

YOGURT L&F STRW/PCH 423

Nutrition facts

Serving Size: 113 GR

Servings Per Case: 24

Amount Per Serving

Calories: 50 | Calories from Fat: 0

	Per Serving	% Daily Value*
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	4.9 mg	1%
Sodium	50 mg	2%
Total Carbohydrate	10 g	3%
Dietary Fiber	0 g	0%
Sugars	7 g	
Protein	3 g	

	Per Srv		Per Srv
Vitamin A	10%	Vitamin C	0%
Calcium	10%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 Carbohydrate 4 Protein 4

Product Specifications:

Code	SCC	Units/Case	Unit Size/Measure	Servings/case
423	20036632004233	24	4 OZ	24

Brand	IFDA Category	IFDA Class
LIGHT & FIT	Dairy Products	Yogurt

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.64 LB	6 LB	US	Yes	No

Shipping Information					
Length	Width	Height	TI x HI	Shelf Life	Storage Temp From/To
15.13 IN	10.25 IN	2.94 IN	12 x 22	25 Days	38 ºF / 45 ºF

Ingredients:

STRAWBERRY: NONFAT YOGURT [CULTURED GRADE A NONFAT MILK, MODIFIED FOOD STARCH, WATER, FRUCTOSE, KOSHER GELATIN, VITAMIN A PALMITATE, VITAMIN D3], STRAWBERRIES, CONTAINS LESS THAN 1% OF MODIFIED CORN STARCH, MODIFIED FOOD STARCH, NATURAL AND ARTIFICIAL FLAVORS, MALIC ACID, POTASSIUM SORBATE (TO MAINTAIN FRESHNESS), SODIUM CITRATE, ACESULFAME POTASSIUM, SUCRALOSE, RED 40. CONTAINS ACTIVE LIVE CULTURES INCLUDING L. ACIDOPHILUS. CARBOHYDRATE 9G, SUGAR 6G, VITAMIN A 8%. PEACH: NONFAT YOGURT (CULTURED GRADE A NONFAT MILK, MODIFIED FOOD STARCH, FRUCTOSE, KOSHER GELATIN, VITAMIN A PLAMITATE, VITAMIN D3), WATER, PEACHES, CONTAINS LESS THAN 1% OF MODIFIED CORN STARCH, NATURAL AND ARTIFICIAL FLAVORS, ANNATTO EXTRACT (FOR COLOR), MALIC ACID, POTASSIUM SORBATE (TO MAINTAIN FRESHNESS) ACESULFAME POTASSIUM, SUCRALOSE, SODIUM CITRATE, RED 40. CONTAINS ACTIVE LIVE CULTURES INCLUDING L. ACIDOPHILUS. CARBOHYDRATE 10G, SUGAR 7G, VITAMIN A 10%.

Handling Suggestions:

This product can be served on a breakfast buffet or served in a dish as part of a healthy meal.

This product is an individual plastic cup with a foil lid. It must be stored in a refrigeration. Product should be stored in an upright position.

This product can be consumed directly from the container. No preparation required. It should be stored in refrigeration up until the time of consumption.

Benefits:

Dannon® Light & Fit® is a great choice for customers who want to manage their weight and feel great.

Carolyn Gooch

Digitally signed by Carolyn Gooch
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Date: 2014.06.13 08:40:29 -04'00'