

1 oz WG Potato Crunch AK Pollock Sticks, CN

Coated with real potato sticks, Potato Crunch provides a uniquely great tasting and exciting line of items. Portion controlled, easy to prepare and CN approved, it is ideal for schools and healthcare.



Nutrition Facts

Serving Size: 4 ONZ

Household Serving Size: 4 pieces

Number of Servings per Package: 40

Amount Per Serving

Calories 260 Calories from Fat: 150

	Per Serving	% Daily Value*
Total Fat	16 g	25%
Saturated Fat	3 g	14%
Trans Fat	0 g	
Cholesterol	50 mg	17%
Sodium	590 mg	25%
Total Carbohydrate	19 g	6%
Dietary Fiber	1 g	6%
Sugars	0 g	
Protein	11 g	

	Per Srv		Per Srv
Vitamin A	0%	Vitamin C	10%
Calcium	0%	Iron	6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 Carbohydrate 4 Protein 4

Product Specifications:

Code	GTIN	Pack	Type Of Catch
06591	00074638065915	1 X 10 LBR	

Brand	GPC Description
High Liner Foodservice	Fish – Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11.0 LBR	10.0 LBR	USA	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp
11.8125	7.8125	10.125	0.5407	15x5	547 Days	-15 FAH / -14 FAH

Ingredients :

64.11% ALASKA POLLOCK, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE); 35.89% COATING: WATER, POTATOES [POTATOES, VEGETABLE OIL (CANOLA, CORN, COTTONSEED, AND/OR SOYBEAN)], WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE ONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE YELLOW CORN MEAL, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS LESS THAN 2% OF YELLOW CORN FLOUR, MODIFIED CORN STARCH, SALT, CORN STARCH, SUGAR, WHEY, YEAST, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), NATURAL FLAVOR, EGG; PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT, MILK

Allergens (C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - C	Milk - C	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	

Prep & Cooking Suggestions:

TO BAKE: PREHEAT OVENS, HEAT FOR 8-12 MIN. @ 385 F IN CONVECTION, OR 15-20 MIN. @ 400 F IN CONVENTIONAL OVENS. TO FRY: DEEP FRY FOR 3-5 MINUTES AT 350 F, OR UNTIL GOLDEN BROWN, DRAIN AND SERVE. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165 F MINIMUM.

Serving Suggestions:

School lunch programs, elderly feeding programs, health care

Species / Scientific Name:

Pollock

Claims & Child Nutrition:

BAP Certified :

MSC Certified :

Has CN Statement : Yes

CN Statement : 2M/.75G



CN Information :

CN Statement : 2M/.75G

Suggested Bid : Twice Frozen Pollock with Whole Grain Compliant Potato Stick Breading.

Meat/Meat Alternative : 1.0000 oz. Stick GIVES 0.6411 oz. INPUT WT x 0.78 YIELD = 0.5001 oz. ACTUAL EQUIVALENT MEAT. Total Meat/Meat Alternate per Serving of 4 Stick(s) YIELD 2.0002 oz. Actual Total M/MA. Per Serving... Declare = 2.00 oz

WholeGrain Credit Calculation : 5.965% Whole Grain/10.590% Total Grain Component = 56.327% Whole Grain 1.0000 oz. Stick x 0.1059 (% creditable grains) = 0.1059 oz. 0.1059 oz creditable grains x 28.35g/oz = 3.0023g 'Oz equivalent grains'/Stick = 3.0023g/16g = 0.1876 oz eq grains Per Serving... Actual = 0.7506 oz eq grains Per Serving... Declare = 0.75 oz eq grains

INDIVIDUALLY QUICK FROZEN

KEEP FROZEN

DO NOT REFREEZE



EST # 116



**PRECOOKED POTATO CRUNCH
BREADED ALASKA POLLOCK
FISH STICKS - 1 OZ.**

CN 085713

FOUR 1.00 OZ. FRIED BREADED FISH STICKS PROVIDE 2.00 OZ. EQUIVALENT MEAT AND 0.75 OZ. EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 11-12).

CN

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CONTAINS: FISH (POLLOCK), WHEAT, EGGS, MILK

(160 - 1 OZ.)

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801
FOR INQUIRIES CALL: 1-888-888-3664

NET WT 10 Lb (4.54 kg)



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LOT NUMBER:



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Kathy Gilmore Date: 11/14/2013

Kathy Gilmore, Quality Engineer
High Liner Foods