



**REQUEST
FOODS, INC.**

August 18, 2014

PRODUCT NAME: VEGETABLE LASAGNA
GORDON FOOD SERVICE PRODUCT #: 282642
REQUEST FOODS FG#: 28264

INGREDIENT STATEMENT: SKIM MILK, COOKED ENRICHED LASAGNA PASTA (WATER, SEMOLINA [MILLED WHEAT, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), RICOTTA CHEESE (PASTEURIZED WHEY, PASTEURIZED CREAM, VINEGAR, SALT), MOZZARELLA CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), CARROTS, SPINACH, ONION, ZUCCHINI, BROCCOLI, MARGARINE (SOYBEAN OIL, PALM OIL, PALM KERNEL OIL, WATER, VEGETABLE MONO AND DIGLYCERIDES, SOYBEAN LECITHIN [SOY], SODIUM BENZOATE [PRESERVATIVE], ARTIFICIAL BUTTER FLAVOR, BETA CAROTENE [COLOR], VITAMIN A PALMITATE ADDED), BREAD CRUMBS (WHEAT FLOUR, SUGAR, YEAST, SOYBEAN OIL, SALT, CALCIUM PROPIONATE [TO PROTECT FRESHNESS]), MUSHROOM BASE (SAUTÉED MUSHROOMS [CONTAINS BUTTER], SALT, ONION AND GARLIC POWDER, SUGAR), FOOD STARCH-MODIFIED, RICE FLOUR, SUGAR, PARMESAN CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, DEXTROSE, SPICE, GARLIC POWDER, NATURAL FLAVOR.

CONTAINS: WHEAT, SOY, MILK

NUTRITION PANEL:

Nutrition Facts	
Serving Size 1 Cup (189g)	
Servings Per Container 12	
Amount Per Serving	
Calories 240	Calories from Fat 80
% Daily Value*	
Total Fat 9g	14%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 520mg	22%
Total Carbohydrate 25g	8%
Dietary Fiber 2g	8%
Sugars 7g	
Protein 12g	
Vitamin A 50%	Vitamin C 8%
Calcium 30%	Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

SCHOOL LUNCH EQUIVALENT DATA:

PLEASE SEE ATTACHED LETTER FROM PATRICIA PHILLIPS, PHILLIPS RESOURCES

August 18, 2014

To whom it may concern:

I have reviewed the product formulation for Request Foods' VEGETABLE LASAGNA (product code number 282642) and calculated the credit toward the child nutrition meal pattern requirements based on the Food Buying Guide and the weight of cooked lean meat. One 189 gram serving of VEGETABLE LASAGNA contains 1 ounce of meat/meat alternate, 1/8 cup serving of vegetables, and 0.75 oz equivalent grain.

Sincerely,



Patricia Phillips