

12/50 Kitchen Essentials TomSp

07/29/2014

INGREDIENTS: Tomatoes, Corn Sweetener (High Fructose Corn Syrup, Corn Syrup), Wheat Flour, Vegetable Oil, Salt, Dehydrated Onion, Peppers, Dehydrated Garlic, Citric Acid, Vinegar, Calcium Chloride. CONTAINS WHEAT

Nutrition Facts	
Serving Size 1/2 Cup condensed soup (120g)	
Servings Per Container About 12	
Amount Per Serving	
Calories 80	Calories from Fat 15
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 380mg	16%
Potassium 610mg	17%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	8%
Sugars 9g	
Protein 2g	
Vitamin A 10%	• Vitamin C 15%
Calcium 4%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Contains Wheat.