



Product: Quick Oats
BVF Formula Code: 522T
Legacy Code: BD5
Approval Date: August 14, 2018
Revision #: 1

Available Container Sizes

	<u>Net Contents</u>	<u>Pack Count</u>	<u>Container Type</u>	<u>Servings per Container</u>
W52	18 OZ (1 LB 2 OZ) 510g	N/A	Tube	About 13
W53	42 OZ (2 LB 10 OZ) 1.19kg	N/A	Tube	About 30
Y15	42 OZ (2 LB 10 OZ) 1.19kg	N/A	Composite Can	About 30
X24	16 OZ (1 LB) 454g	N/A	LLDPE NO BHT BAG	About 11

Kosher: OU
Organic Certification N/A

Shelf Life: 730 Days

Storage: None

Allergens: None

Sensitivities: None

Nutrition Facts

See table servings per container

Serving size 1/2 Cup (40g)

Amount per serving

Calories **150**

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 27g	10%
Dietary Fiber 4g	14%
Soluble Fiber 1g	
Insoluble Fiber 2g	
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.6mg	8%
Potassium 150mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Claims: A Low Fat Part of Your Heart Healthy Diet. Include, “see side panel for the relationship between [saturated fat, cholesterol and heart disease]” and list the corresponding full claim on the side panel reference or include the full health claim language in close proximity. Cholesterol Free Food. Diets rich in whole grain foods and other plant foods and low in total fat, saturated fat, and cholesterol, may help reduce the risk of heart disease and certain cancers. Good Source of fiber. Heart healthy. Include, “see side panel for the relationship between [saturated fat, cholesterol and heart disease; OR soluble fiber and heart disease OR whole grain/heart disease/cancer health claim]” and list the corresponding full claim on the side panel reference or include the full health claim language in close proximity. Low Fat Food. Meets the U.S. Government Requirements for low fat, low saturated fat, low cholesterol food. Three grams of soluble fiber per day from oatmeal as part of a low saturated fat, low cholesterol diet, may reduce the risk of heart disease. This cereal has 1 gram per serving. Smart for your Heart. Include, “see side panel for the relationship between [saturated fat, cholesterol and heart disease; OR soluble fiber and heart disease OR whole grain/heart disease/cancer health claim]” and list the corresponding full claim on the side panel referenced or include the full health claim language in close proximity. Sodium free food. While many factors affect heart disease, diets low in saturated fat and cholesterol may reduce the risk of this disease. Cooks in about 1 minutes. Made with whole grain oats. May bear the Whole Grain Council 100% Stamp for 40g. One cup (prepared) provides 2 ½ whole grain servings towards your goal of 3 per day. Whole grain cereal. Whole grain oat cereal. 40g whole grain per serving. Recommend the inclusion of the statement “USDA recommends 48g or more of whole grain daily.” 100% whole grain. 100% whole grain oats

Ingredient Statement:

WHOLE GRAIN ROLLED OATS.



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PREP INSTRUCTIONS

Primary Prep Instructions:

	Stove Top			Microwave**
Servings:	1	2	6	1
Water (or milk)*	1 cup	1 3/4 cup	5 cups	1 cup
Oats:	1/2 cup	1 cup	3 cups	1/2 cup
Salt (optional):	dash	1/8 tsp	¼ tsp	dash

*For thicker oatmeal use less water. For thinner oatmeal use more water.

**Due to differences in microwave ovens, cooking time is approximate.

Stove Top Directions:

1. Bring water (or milk) and salt to a boil. Stir in oats.
2. Cook about 1 minute over medium heat or until thickened. Stir occasionally.
3. Stir before serving.

Microwave Directions:

1. For 1 serving, combine water (or milk), salt, and oats in medium microwave-safe bowl.
2. Microwave on HIGH 1 ½ to 2 minutes or until thickened.
3. Stir before serving.

<u>Analytical Data</u>
Moisture: 7.5 - 12.5%
Granulation 35% min on #7 mesh 15% max thru #25
Microbial:
This product is manufactured with strict adherence to Good Manufacturing Practices (GMPs), a Supplier Certification Program, under a robust Food Safety Plan, an Environmental Monitoring Program, a Sanitation Effectiveness Program and other food safety programs which adequately address any microbiological concerns.

<u>General Specifications</u>
Flavor: Clean, sweet, toasted oat flavor.
Color: Small thin oat flakes with some brokens and fines.
Aroma Clean, sweet, toasted oat

Approved By:

Manufacturing Controls: Good Manufacturing Procedures (GMP's)CFR Title 21, Part 110

Bobby Sanchez- Customer Data Manager

Approval Date: August 14, 2018



TreeHouse



TreeHouse Private Brands 800 Market Street St. Louis, MO 63101

Product Name: Oatmeal (Quick Oats)

Product Code: 7-91669-62022-6

Serving Size: 1/2 cup (40g)

Date: 3/5/2018

Grains Based on Grams of Creditable Grains

Does this product meet the Whole Grain-Rich Criteria: [checked]

Does this product contain non-creditable grains: [unchecked]

Table with 5 columns: Description of Creditable Grain Ingredient, Exhibit A Group (A - I) the Product Belongs To, Grams of Creditable Grain Ingredient per Portion (A), Gram Standard of Creditable Grain per oz Equivalent (B), Creditable Amount (A / B). Row 1: Oatmeal - Quick Oats, Group H, 40.00 g, 28.00 g, 1.4285 oz eq. Row 2: Total Grains Based on Grams of Creditable Grains Creditable Amount: 1.25 oz eq.

Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a 1/2 cup (40g) ounce serving of the above product (ready for serving) provides 1.25 oz equivalent Grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Handwritten signature: Sarah Phillips, MS, RD

Signature

Principal Labeling Specialist

Title

Sarah B. Phillips

Printed Name

(314) 877-7533

Phone Number