

**GRAND RAPIDS  
SOUR CREAM**

Brands  
SPARTAN

**Nutrition Facts**

Serving Size 2 Tbsp (30g)  
Servings Per Container

**Amount Per Serving**

**Calories** 60      **Calories from Fat** 50

**% Daily Value\***

**Total Fat** 5g      **8%**

Saturated Fat 3.5g      **17%**

Trans Fat 0g

**Cholesterol** 20mg      **7%**

**Sodium** 50mg      **2%**

**Potassium** 55mg      **2%**

**Total Carbohydrate** 2g      **1%**

Dietary Fiber 0g      **0%**

Sugars 1g

**Protein** less than 1g

Vitamin A 4%      •      Vitamin C 0%

Calcium 4%      •      Iron 0%

\* Percent Daily Values are based on a 2000 calorie diet.  
Your daily values may be higher or lower depending on  
your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Potassium		3,500mg	3,500mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	
Protein		50g	65g	

Calories per gram:

Fat 9      •      Carbohydrate 4      •      Protein 4

**INGREDIENTS:** Cultured milk, cream, whey, less than 2% of food starch - modified (corn), sodium phosphate, guar gum, carrageenan, calcium sulfate, locust bean gum, potassium sorbate (preservative).

**Contains:** milk

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