



CMI WHOLE GRAIN BUTTERMILK PANCAKES

SKU: 068615180370
GTIN: 10686151803706
Piece Weight: 1.2 oz – 3.75” Diameter
Pieces Per Case: 144
Case Net Weight: 10.8 lbs.
Case Gross Weight: 11.81 lbs.
Case Dimensions: 17.375 x 13.125 x 6.75
Case Cube: .89
Tie/High: 8/10
Storage Temperature: 0°F or lower
Shelf Life: 365 Days
Kosher: Yes
Child Nutrition: 2 pancakes=1.75 bread svgs. based on 16gm/svg.
Percentage Whole Grain: >51%

Preparation and Heating Instructions:

Pancakes give best results when thawed overnight under refrigeration. To thaw, place frozen pancakes on a sheet pan in an overlapping single layer and then tightly seal pan with foil. Place in refrigerator for 6-8 hours until ready to heat.

Bake thawed pancakes in sealed pans in convection oven preheated to 350°F using low fan speed for 3 minutes; frozen pancakes for 6 minutes.

Bake pancakes in sealed pans in conventional oven preheated to 400°F for 7 minutes; frozen pancakes for 10 minutes.

Microwave Oven:

Set oven on full power (High). Place frozen pancakes on a microwave safe dish. Do not stack pancakes.

Portion: 2 pancakes 3 pancakes 6 pancakes
1000W 1 minute 1:15 minutes 2:20 minutes

NUTRITION FACTS

Serving Size: 3 pancakes (102 grams)

Servings Per Case: 48

Amount Per Serving

Calories: 210 Calories from Fat: 25

	<u>% Daily Value*</u>
Total Fat: 3g	5%
Saturated Fat: .5g	3%
Trans Fat: 0g	
Cholesterol: 10mg	3%
Sodium: 540mg	23%
Total Carbohydrate: 42g	14%
Dietary Fiber: 5g	20%
Sugars: 7g	
Protein: 5g	

Calcium: 6% Iron: 15%

*Percent daily values are based on a 2,000 calorie diet. Your daily value may be higher or lower, depending on your calorie needs.

Ingredients: Whole Wheat Flour, Water, Whey, Buttermilk, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin and Folic Acid), Sugar, Contains 2% or less of: Eggs, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Soybean Oil and/or Canola Oil, Dextrose, Salt, Soy Lecithin (an emulsifier).

Contains: Egg, Milk, Soy, Wheat

Clayton Ace Streeeter

Corporate Quality Manager

Updated 1/14/14